

Helping Veterans And Families

2023-2024

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HEALTHCARE NAVIGATION RESOURCE GUIDE

HEALTHCARE BENEFITS

&

APPLICATION QUESTIONS





“HOW CAN I HELP YOU?”

VA Facility Locator		
VA Facility Locator	<ul style="list-style-type: none">VA facilities including additional state and local resources	Information available at: www.va.gov/landing2_locations.htm

Transition and Veteran Employment Services		
Veterans Employment Services Office (VESO)	<ul style="list-style-type: none">Helps Veterans and transitioning Military Service Members find federal careersMilitary Skills Translator, Resume Builder and Federal Job Search functions <p>Note: Visit http://explore.va.gov/ to learn about other employment resources provided by VA.</p>	Information available at: www.vaforvets.va.gov 1-855-824-8387 http://explore.va.gov/employment-services
Transition Assistance Program (TAP)	TAP may include: <ul style="list-style-type: none">Transition from Service briefings and assistance	Information available at: www.benefits.va.gov/TAP/

Veterans Health Administration		
Health Care Benefits or Application Questions	<p>VHA provides:</p> <ul style="list-style-type: none">Primary careMental health care (including Veteran-specific treatment for PTSD, TBI care, etc.)Preventative careA wide variety of specialty careInpatient and outpatient pharmacyGeriatric careLong term care and support <p><u>Note:</u> For basic information and an easy to understand eligibility quiz with digital resource links go to: http://explore.va.gov/.</p>	<p>Program Information: www.va.gov/healthbenefits/ 1-877-222-VETS (8387)</p> <p>Eligibility Information: www.va.gov/healthbenefits/apply/veterans.asp</p> <p>How to Apply: www.1010ez.med.va.gov</p> <p>Application and General Information available at: http://explore.va.gov/health-care provides basic information to Veterans and their families and directs them to the latest online information and application sites. The site’s video gallery holds Veteran testimonial videos about health care.</p>
Access to Patient Medical information	<ul style="list-style-type: none">My HealtheVet is VA’s online personal health record system designed to help VA patients manage their healthcare records and notes from medical providersBlue Button allows you to share info between VA and non VA providers.	<p>Information for both resources available at: www.myhealth.va.gov/index.html 1-877-327-0022</p>
Women Veteran Support	<ul style="list-style-type: none">The Women Veterans Health Program addresses health care needs of women Veterans to ensure that timely, equitable, high-quality, comprehensive health care services are available and provided	<p>Information available at: www.womenshealth.va.gov</p> <p>Women Veterans Call Center: 1-855-VA-WOMEN (829-6636)</p>
Rural Veteran Support	<ul style="list-style-type: none">The VA Office of Rural Health helps rural Veterans access medical care through VA facilities	<p>Information available at: www.ruralhealth.va.gov</p>
Mental Health Support	<ul style="list-style-type: none">Authoritative mental health information and resources for Veterans and their families.Self-help toolboxWhere to get helpComprehensive guide to VA Mental Health ServicesVeterans Crisis Line website has a live chat function	<p>Information available at: www.mentalhealth.va.gov http://maketheconnection.net/ https://www.veteranscrisisline.net/</p> <p>Guide to VA Mental Health Services for Veterans and Families: www.mentalhealth.va.gov/docs/MHG_English.pdf</p>
Veteran (Vet) Center information	<p>Vet Centers provide:</p> <ul style="list-style-type: none">Individual and group counselingDischarge upgrade informationCommunity, social service and medical referralsEmployee assistance referralsVA Benefits assistance referrals	<p>Information available at: 1-877-WAR-VETS (927-8387)</p> <p>Locate a Vet Center near you at: www.va.gov/directory/guide/vetcenter.asp</p>

National Cemetery Administration		
Burial and Memorial Benefits Information	<p>VA offers Veterans and their dependents:</p> <ul style="list-style-type: none">Burial and honoring services, including gravesites and grave linersMaintenance of national cemeteriesHeadstones, markers, and presidential memorial certificates <p><u>Note:</u> VBA manages additional memorial benefits</p>	<p>Information available at: www.cem.va.gov 1-800-827-1000</p> <p>Application and benefit information about both VBA and NCA managed memorial benefits available at: http://explore.va.gov/.</p>





To help a Veteran in crisis, call the 24 hour Crisis Hotline at 988 then option 1

“HOW CAN I HELP YOU?”

Veterans Benefits Administration

Benefits Information & Eligibility Questions	<ul style="list-style-type: none">Basic information about programs, eligibility, links to online application sites, testimonial videos, and an easy to understand eligibility quiz with digital resource links are available on http://explore.va.gov/A hardcopy and online handbook is available for benefits and qualifications informationFurther benefits and eligibility information is available at ebenefits.va.gov	<p>Information available at: www.benefits.va.gov/benefits/ 1-800-827-1000</p> <p>http://explore.va.gov/</p> <p>Benefits Handbook: www.va.gov/opa/publications/benefits_book.asp</p>
Benefits Applications & Claim Questions	<ul style="list-style-type: none">Information, forms, and phone numbers are available online for Veterans and their dependentsLinks to online application sties and other online resources where Veterans can get answers are on http://explore.va.gov/.	<p>All forms and applications available at: www.ebenefits.va.gov/</p> <p>Videos that explain how to fill out select forms: www.benefits.va.gov/BENEFITS/videos.asp</p>
Home Loan Guaranty Program Questions or Payment on a VA-Provided Home Loan	<ul style="list-style-type: none">VA guarantees loans made by private lenders. The VA provides Specially Adapted Housing (SAH) grants for severely disabled Veterans <p><u>Note:</u> VHA provides HISA grants to eligible Veterans for use in modifying a home. These are smaller grants.</p>	<p>All forms and information available at: www.benefits.va.gov/homeloans/index.asp 1-877-827-3702</p> <p>http://explore.va.gov/home-loans-and-housing</p>
Vocational Rehabilitation and Employment (VR&E) Information	<p>The VR&E program provides:</p> <ul style="list-style-type: none">Assistance in finding employment with programs such as vocational assessments, counseling, education tuition/stipends related to employment and employment planning <p><u>Note:</u> Links to VR&E as well as other employment resources can be found on http://explore.va.gov/</p>	<p>Information available at: www.benefits.va.gov/vocrehab</p> <p>http://explore.va.gov/employment-services</p>
Education and Post-9/11 GI Bill Benefits	<ul style="list-style-type: none">The post-9/11 GI Bill pays higher education tuition, housing, and stipends for Veterans, service members or their dependentsEligibility - served at least 90 days on active duty after 9/10/2001An important starting point - GI Bill Comparison Tool	<p>Information available at: www.benefits.va.gov/gibill/ 1-888-GIBILL-1 (442-4551)</p> <p>http://explore.va.gov/education-training https://www.vets.gov/gi-bill-comparison-tool</p>
Pension	<ul style="list-style-type: none">Pension benefits descriptions, eligibility, and application forms are available online.Basic info, forms and links to resources for Veterans Pensions, Survivors Pension and Special Monthly Pension for Veterans on http://explore.va.gov/.	<p>Information available at: www.benefits.va.gov/pension/</p> <p>http://explore.va.gov/pension</p>
Fiduciary	<ul style="list-style-type: none">Program for Veterans and other beneficiaries who, due to injury, disease, or due to age, are unable to manage their financial affairsApply for benefit or to become a fiduciary for a Veteran	<p>Information available at: http://www.benefits.va.gov/fiduciary</p>
Insurance and TSGLI/SGLI Questions	<p>Veterans are eligible for:</p> <ul style="list-style-type: none">Service-Disabled Veterans Insurance (S-DVI), Service members' Group Life Insurance (SGLI), Veterans' Group Life Insurance (VGLI), and/or Veterans' Mortgage Life Insurance (VMLI), SGLI Traumatic Injury Protection (TSGLI), Servicemembers' Group Life Insurance Disability Extension (SGIL-DE), Family Servicemembers' Group Life Insurance (FSGLI),	<p>All forms and information available at: www.benefits.va.gov/insurance 1-800-419-1473</p> <p>http://explore.va.gov/life-insurance</p>
Disability Compensation Questions	<ul style="list-style-type: none">Disability compensation is a tax-free benefit paid to eligible VeteransEligibility is determined by injuries/diseases from/aggravated by service	<p>All forms and information available at: www.benefits.va.gov/compensation/types-disability.asp</p> <p>http://explore.va.gov/disability-compensation</p>
Dependency & Indemnity Compensation for Veteran's Dependents	<p>Dependents may be awarded tax-free benefits for:</p> <ul style="list-style-type: none">Death during military service or post-service related to a service-connected disabilityDeath after extended period of 100 percent disability <p><u>Note:</u> Links and information to VA benefits and services available to dependents, survivors and spouses are available on http://explore.va.gov/. DIC is just one of many benefits available to this group</p>	<p>All forms and information available at: www.benefits.va.gov/compensation/types-dependency_and_indemnity.asp</p> <p>http://explore.va.gov/spouses-dependents-survivors</p>





For information about benefits, call the VBA Hotline:
1-800-827-1000 Monday-Friday 8am-9pm EST*
*Call back service may be available after hours

“HOW CAN I HELP YOU?”

Board of Veterans Appeals

Claims Appeal Process information	<ul style="list-style-type: none">▪ A Veteran or dependent/caregiver has a full year to appeal a denied claim regarding any VA benefit. To appeal, file a Notice of Disagreement with the Administration that denied the benefit▪ The appeals process has many stages, and most of the appeals processing and resolutions take place in the Administration that made the initial claims decision	Information available at: www.bva.va.gov Appeal Process Pamphlet: www.bva.va.gov/docs/Pamphlets/How-Do-I-Appeal-Booklet-508Compliance.pdf
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VA Website	www.va.gov
VA Benefits Info	1-800-827-1000
VA Health Care Info	1-877-222-VETS (8387)
24-Hour Hotline for Homeless Vets	1-877-4AID-VET (4243-838)
24-Hour Veteran Crisis Hotline	1-800-273-8255 option 1

	
General VA Information	VA Website

Richard L. Roudebush VA Medical Center

1481 West 10th Street, Indianapolis, IN 46202

317.554.0000

Referral Information

Primary Care

We are hoping to streamline as many SSVF primary care referrals as possible through our Homeless Patient Aligned Care Team (H-PACT). H-PACT is a unique approach to primary care that is designed for veterans who are homeless, or those who have pattern of regularly re-entering the homeless system. It is a smaller clinic located at 777 North Meridian Street in the new Indiana Veterans Center. More information will be forthcoming on referral process for H-PACT in the future as we work to gather more data on existing veterans in the SSVF program who are healthcare eligible and in need of primary care referral.

For veterans comfortable with primary care at the main hospital, and/or those veterans who may not need the unique environment and care H-PACT provides, veterans can contact **317-988-4090 to speak with New Patient Coordinator** and get scheduled for initial appointment with a traditional clinic at the main hospital. Existing primary care patients can call to schedule through **Patient Response Center at 317-988-1772**.

SUDRP/Mental Health

If veteran is already established in outpatient mental health services (PACC) or substance use disorder treatment (SUDRP), the mental health call line at **317-988-2770** can be used to schedule or cancel an appointment. If veteran is seeking mental health services for the first time, calling primary care provider for consult or contacting mental health call line directly are both appropriate options.

Transportation

Voluntary Transportation Network (VTN)—A system of transportation operated by volunteers. This service is free of charge and transportation is available on a first come, first served basis to Veterans who do not have available transportation to and from their medical appointments at the VA medical center. **Currently, the volunteer drivers are not operating due to COVID-19 restrictions.** However, **VTN call line at 317-988-2472** is still staffed Mon-Fri, and VTN operator can assist veteran with transportation through other means as necessary. Typically reservations need to be made at least a week in advance.

VetGo—A service that transports medically challenged Veterans who require a special vehicle such as a wheelchair van or an ambulance. This is known as Special Mode of Transportation. VetGo can be reached at **317-988-3846** for consultation and/or to determine veteran eligibility for this service.

Health Benefits and Eligibility

Our health benefits advisor in the Indianapolis Health Benefits and Eligibility (HBU) office have agreed to be points of contact for healthcare navigators needing to verify a veteran's VA healthcare eligibility status. Our POC is Candace Hunt, and her direct line is 317-988-2449 and fax line 317-988-5427. Typically they are in need of veteran's full name, DOB, and social security number when attempting to verify eligibility. There are times when HBU cannot verify eligibility without a DD-214, though this is more rare.

Other Resources

VBA Regional Office

If veteran has established VA financial benefits, all concerns or questions related to benefits should be addressed with Veteran Benefits Administration (VBA). Veteran can either call regional office **(1-800-827-1000)**, or provider can assist veteran with setting up eBenefits account at <https://www.ebenefits.va.gov/ebenefits/homepage>.

If providers or veterans have any questions about veteran benefits, the VBA website <https://benefits.va.gov/benefits/> is an excellent resource that provides eligibility details for many benefit programs, in addition to applications and description of various benefits.

MyHealtheVet

Veteran can create a username/profile to access their VA healthcare information online at <https://www.myhealth.va.gov/mhv-portal-web/home>. Secure messaging can be sent to their providers, confirm appointments, and many other helpful features.

Veteran's Crisis Line

This crisis line is intended for veterans who are in an emotional crisis and/or are experiencing thoughts of harming themselves or others.





HEALTHCARE NAVIGATION RESOURCE GUIDE

MENTAL HEALTH & ADDICTIONS

ROUDEBUSH VAMC





FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EXPLORE, CREATE, & BUILD COMMUNITY

CREATIVE ARTS WORKSHOPS FOR VETERANS

Express your creativity as you learn to use new and familiar art materials through individual and collaborative artmaking specifically geared towards veterans and military members of your community and taught by art professionals. Specific art materials and projects will vary, so participants are encouraged to attend weekly! This grant funded program is available at no cost to all participants.

WHERE: **Baxter YMCA**

7900 Shelby St, Indianapolis, IN 46227

Workshops will take place in the pavilion directly south of the YMCA facility

WHEN: **Every Monday from 3:30 – 5pm starting September 5, 2022**

WHO: **All veterans and current military members**

COST: **FREE to all participants!**

No registration is required- we invite all veteran and military members to attend and enjoy the workshops! For questions, please email Eileen at emisluk@iupui.edu. Resources and instructors provided by IUPUI Herron School of Art + Design.

*Substance Use Disorder
Recovery Program
(SUDRP)*



**Richard L. Roudebush VA Medical Center
Indianapolis, Indiana
1481 W 10th Street
Indianapolis, IN 46202
317-988-2770**

Who is eligible for the SUD Recovery Program (SUDRP)

If you think that you have a problem with alcohol, cocaine, marijuana, opiates or any other drug of abuse, you can get help at the Substance Use Disorder Recovery Program.

How do I get into SUDRP?

Referral from other VA services in the VAMC

Ask your provider to enter a referral for Outpatient services. This can be your primary care doctor, mental health provider, or any other provider at the hospital. After reviewing your chart and the referral, a SUDRP staff member will contact you to schedule an orientation appointment. After orientation, you can begin services by having an intake scheduled.

Inpatient Referrals from VA Medical

A referral can be placed for you while you are in the hospital. A SUDRP staff member will visit you to discuss services and follow-up care planning.

Recovery Approach

SUDRP treatment may involve the veteran in group therapy, individual therapy, case-management, and/or medication management. Each Veteran's recovery plan is made to meet his/her own needs.

Walk in for Detox

If you have not used substances on your usual schedule, and think you are in withdrawal, walk in to the clinic for an evaluation and possibly withdrawal support medications, if they are appropriate. This will get you started as a self-referral.

SUDRP Programs and Services

Intensive Outpatient Program (IOP):

(You need to be evaluated and be referred to these groups *before* attending them. It is also expected that by the second week of IOP a patient will be free of drugs or alcohol.). The IOP program is 6 weeks meeting every Monday, Wednesday and Thursday from 9:00 a.m. to 12:00 p.m. for the day session and 5:00 p.m. to 8:00 p.m. in the evening or 3 hours all 3 days. You will also have individual counseling

support. The number of counseling meetings is based on your recovery needs.

Outpatient (OP):

If you do not need a program as detailed as the IOP, we offer a 12-week Outpatient group. The OP meets Mondays from 9:30 am to 11am or 6:00 pm to 7:30 pm in the evenings or Thursdays from 12:30 pm to 2:00 pm. Individual counseling support is also available in the OP program. You will meet for counseling meetings based on your recovery needs.

Aftercare:

This is a 12-week class that is part of the IOP or OP to help you while you develop Sober Support in the community. Time can be extended up to a year. This group meets on Mondays, 9:30 am to 10:30 a.m. or in the evening from 6:00 pm. to 7:00 pm.

Evaluation Only:

Evaluations are done for Veterans as requested by the court system, vocational rehab or the Veteran's employer. Veterans will be required to sign a form so results may be shared with the person or agency asking for the evaluation. We will suggest treatment needed or

NOT needed, based on the evaluation.

Medication Management:

Medications are available to help in recovery. This could be for their substance use disorder and / or for mental health illness due to their substance use. Veterans already involved with mental health clinic can continue being seen in mental health; sometimes transfer of care may occur. After completion of SUDRP treatment, staff will refer any mental health needs or medications for a Veteran back to the mental health clinic or primary care for follow-up.

Outpatient Detox:

Detox services work with people who struggle with alcohol, opiate or benzodiazepine addiction. These services can be had as walk-in or by scheduling an appointment. Walk-in patients can have wait times while staff takes care of Veterans with *scheduled* appointments. **If having serious withdrawal symptoms, go to the Emergency Department.** For information call Monday through Friday 8:00 a.m. to 2:30 p.m. to speak with the SUDRP RN . ***Inpatient detox is not available for opioid or stimulant withdrawal. These services are strictly outpatient.***

Opioid Substitution (This is NOT for pain management or management of pain medication):

This treatment uses Methadone or Suboxone substitution for Opiate Addiction. After your intake, and meeting with for a nursing intake you can

Opioid Substitution group: This group is for Veterans needing support while on Methadone or Suboxone. To attend, you need referral by SUDRP staff.

Peer to Peer Support

Veterans have the option of engaging in individual and group peer to peer interventions. A Peer Specialist is someone who is recovering from a substance use disorder and/or mental health condition who has experience with recovery. Peer Specialists are transparent and ready to model and share their coping skill with recovery. The goal of peer to peer work is to promote self-determination, personal responsibility, and empowerment to assist others in regaining control over their own lives and over their own recovery process. We can accomplish this by setting goals, problem solving, symptom management skills, and a variety of recovery tools.

Seeking Safety:

This group is by referral from SUDRP staff for Veterans who have had trauma and need support for emotional and substance use history. Groups are gender specific; women's group takes place Fridays from 11am to Noon and men's group from Noon to 1pm weekly. To get the most, you need to plan to attend regularly.

- **CBOC Services:**

Each community based outpatient clinic offers SUDRP services like the Indianapolis Hospital, **but some services are limited.** Each clinic *can* use Clinical Video Teleconference or VVC to offer more services. Many groups and medication management appointments are offered by CVT. **No medications are kept on site in the CBOCs.** The VA will mail medications as needed. Feel free to ask about services available with the SUDRP CBOC provider in your location.

- ***Veterans must agree to CVT appointments before scheduling. If the Veteran does not want to use CVT**

or VVC , appointments can be set for an Indianapolis visit to the main SUDRP clinic.

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Working with Other VA Programs:

SUDRP works closely with all areas of VA care: medical, mental health, Domiciliary, HUDVASH, and inpatient services. Veterans enrolled in SUDRP services can expect providers to talk with other VA programs to provide active care

Questions or Comments?:

If you need further information, you may call the SUDRP at (317) 988-2770 from 8:00 a.m. to 4:00 p.m. Monday through Friday.

Access brochure version for Clients here: [SUDRP brochure12-21...pub](#)

Legal Partnerships

- The VJO program also assists to create partnership opportunities for civil legal services to assist Veterans experiencing common issues that impact Whole Health and Wellness.
- The Indianapolis VJP program has partnerships with various legal partners to provide Wills Clinics, Ask-A-Lawyer events, and assistance to avoid eviction specifically for Veterans
- Additionally, the VJP program has a full program to assist Veteran's releasing from the Department of Corrections to support Veterans' Re-Entry into the community. The Health Care for Re-Entry Veterans (HCVR) Program provides prison outreach to Veterans throughout the State of Indiana. The program can provide targeted short-term case-management after re-entry to complex Veterans needing readjustments support.

VJO Central Line

For all Veteran Justice related questions, call the VJO Central Line at 317-988-3856 or 988-3VJO

In addition to assisting with the operation and development of Veterans Treatment Courts, VJO Specialists provide outreach, assessment and advocacy for justice-involved veterans.

Ask about special programs in your jurisdiction for Veterans. Make it known that you have served in the military.

Veteran Health Indiana
Richard L. Roudebush
VA Medical Center
1481 W. 10th Street
Indianapolis, IN 46202



Veteran Justice Programs



**Veteran Health Indiana
Indianapolis VA
Medical Center**

Veterans Justice Outreach

- The Veterans Justice Outreach (VJO) Program is the Department of Veterans Affairs' (VA) larger effort to address homelessness among the Veteran population experiencing legal matters.
- As homelessness and involvement with the legal system often go hand in hand, the VA has designated staff and resources specifically for this portion of the Veteran population.
- VJO Specialists work with local courts, jails, and law enforcement to identify and engage potential Veterans that would benefit from linkage to VA services and case-management.
- The VJO program is designed to collaborate with local justice system partners to identify Veterans that enter the criminal justice system and are in need of treatment services rather than incarceration.
- VJP specialists help provide case-management and linkage to VA services to a diversity of Veterans with legal needs: probation, court procedures to support progress in addressing legal matters
- The VJO specialist can provide Veterans with legal resources, but they do NOT provide legal counsel or representation.

Veterans Treatment Courts

Veterans Treatment Courts (VTC) were first established in 2008 and continue to grow. The current VTC's affiliated with the Indianapolis VAMC include:

- Bartholomew County VTC
- Greenwood City VTC
- Hamilton County VTC
- Indianapolis VTC
- Montgomery County VTC
- Monroe County VTC
- Lawrence County VTC
- Tippecanoe County VTC
- Vigo County VTC

A unique component of the VTC, is the Mentor Program. Some courts are able to match participants with *trained* mentors. The mentor provides additional support to VTC participants.

VTC's consists of an interdisciplinary team that typically include:

- Judge
- Defense Attorney
- Prosecutor
- VJO Specialist
- Probation/VTC Case Manager
- Community Corrections
- Non-VA community MH/Addictions provider

Referrals to VTC typically come from within criminal justice system.

Veterans Legal Clinic

According to a recent survey, 5 of the top 10 unmet needs for homeless veterans were legal needs including:

- Eviction/foreclosure issues
- Child Support Arrearage
- Restoring driver's licenses
- Discharge upgrades

Additionally, civil legal matters can create barriers to housing and employment.

The Roudebush VA Medical Center Legal Clinic provides pro-bono guidance in addressing these challenges.

The Legal Clinic is held the SECOND Tuesday of each month in room C1202 from 11am-4pm. Please arrive by 3pm to be seen that day.



Accessing VHA Vocational Rehabilitation Services

- ♦ Vocational Rehabilitation services require a consult be signed by a Physician, Nurse Practitioner, or Psychiatrist for enrollment.
- ♦ Veterans receiving Mental Health or Substance Use treatment are encouraged to seek a consult through those providers.
- ♦ Veterans participating in VA Homeless programs are strongly encourage to get a consult through their case manager for enhanced treatment coordination.

VHA Vocational Rehabilitation Process

- ♦ Once the VHA VR program receives a Consult, we will contact the individual to schedule orientation.
- ♦ During orientation, Veterans are provided with an overview of the programs and services offered by VHA VR.
- ♦ Veterans will be offered an individual appointment to complete a comprehensive assessment with a VR Counselor to gather information about the Veteran's interests and abilities, barriers and other information related to Veteran's employment goals.
- ♦ The assessment will be staffed with the VHA VR Treatment Team for recommendations.
- ♦ Recommendations may include programs and services offered by VHA VR, as well as other programs/services in the community to assist Veterans with reaching their employment goals.

VHA Vocational Rehabilitation Contact Information

Offices

Community Rehabilitation Section
777 N Meridian Street, Indianapolis, IN 46204
Phone: (317) 464-1400
Hours: Monday-Friday 8am-4:30pm

VA Medical Center
Career Center CB-009
Hours: Monday-Friday 8am-4:30pm

Program Manager

Jami Canada, LCSW (317) 431-5320

Transitional Work

Lavonna York, LCSW (317) 473-6741
Melissa Vance-Blackwell, LCSW (317) 590-6999

Community Based Employment Services

Larry Gorman, CHW-CRS (317) 629-9849
Megan Hawkins, M.S., CRC (317) 294-4739

Community Employment Coordinator

Thomas Roundtree, LMHC, CRC (317) 941-9476

HUD-VASH

Russell Silver, M.S., CRC (317) 416-3333

Supported Employment

Amy Strasburger, M.A. (317) 313-0987

Domiciliary

Laura Belt, LCSW (317) 988-0814

Medical Support Assistant

Jason Close (317) 464-1400

Programing Cost

There are NO fees associated for services

Revised April 2022

VHA Vocational Rehabilitation



Supporting recovery for Veterans with physical and mental health barriers to employment, who want to secure and maintain meaningful employment in the community by fostering self-esteem, dignity, respect and independence through high-quality vocational rehabilitation services.

**VETERANS HEALTH INDIANA
Roudebush VA Medical Center**

Employment in Recovery

- ♦ Research has shown the importance of employment in mental health and life satisfaction with working up to 8 hours/week (Kamerade et al., 2019)
- ♦ The benefits of working for individuals with mental health symptoms include improved self-esteem, life satisfaction, global well-being and lower risk of hospitalizations (Luciano et al., 2014, 2016)

Community Based Employment Services (CBES)

- ♦ Community Based Employment Services (CBES) is a program for Veterans with mental or physical health barriers who have a history of sporadic employment, difficulty maintaining a job, or initiating and following through on their job search
- ♦ CBES provides a range of support services including resume development, rapid job search, job application, etc. leading to competitive employment
- ♦ VR Counselors provide ongoing support to Veterans and employers for employment maintenance
- ♦ CBES is an evidenced-informed practice

Vocational Assistance

- ♦ Vocational Assistance is designed to provide brief vocational counseling and guidance to Veterans who are capable of independent job searches to return to competitive employment
- ♦ Vocational Assistance may include the following services: resume and job seeking skills assistance, translation of military skills to civilian occupations, career counseling, and referrals to community resources as needed

Supported Employment (SE)

- ♦ Supported Employment (SE) is intended for Veterans with significant barriers to employment due to serious mental illness
- ♦ SE assists Veterans with obtaining meaningful employment and provides ongoing support to assist with maintaining employment
- ♦ SE support services include rapid job search, job development and placement, continued engagement and follow-along supports (once employed)
- ♦ Veterans will work with their counselor to develop a treatment plan based on their individual employment goals
- ♦ SE is an evidence-based practice for individuals with serious mental illness

Transitional Work (TW)

- ♦ The goal of Transitional Work is to provide vocational supports and resources needed for a Veteran to successfully transition to competitive employment
- ♦ Veterans participate in worksite placements at the medical center and/or in the community (when appropriate/available) after completing initial vocational counseling and treatment
- ♦ Veterans develop a treatment plan and engage in treatment to reduce barriers to employment, meeting with their VR Counselor at least twice/month to evaluate their progress and goals
- ♦ A tax-free stipend is provided to Veterans while in a worksite placement, however the stipend may be considered income for outside agencies
- ♦ Veterans learn how to reduce their barriers to employment through weekly group meetings with their peers
- ♦ Veterans will begin their job search activities towards the end of their worksite placement

Career Center

- ♦ Access to computers for resume and cover letter development, online job searching, email communication with employers, etc.
- ♦ Copy/Scan/Fax available for use related to employment purposes
- ♦ Tutors in Career Center may be available to provide general guidance regarding computer use
- ♦ Career Center Tutors are not VA Medical Center employees

2021 Performance Data

- ♦ 70.9% of Veterans enrolled in Community Based Employment Services achieved their employment goal
- ♦ 62.5% of Veterans enrolled in Supported Employment Services achieved their employment goal
- ♦ 37% of Veterans enrolled in the Transitional Work program achieved their employment goal

Benefits Counseling

Department of Veterans Affairs (Benefits)

575 N Pennsylvania St., Indianapolis IN 46204
(800) 827-1000

Social Security Administration

575 N Pennsylvania St., Room 685
Indianapolis, IN 46204
(800) 772-1213

Indiana Works (WIPA)

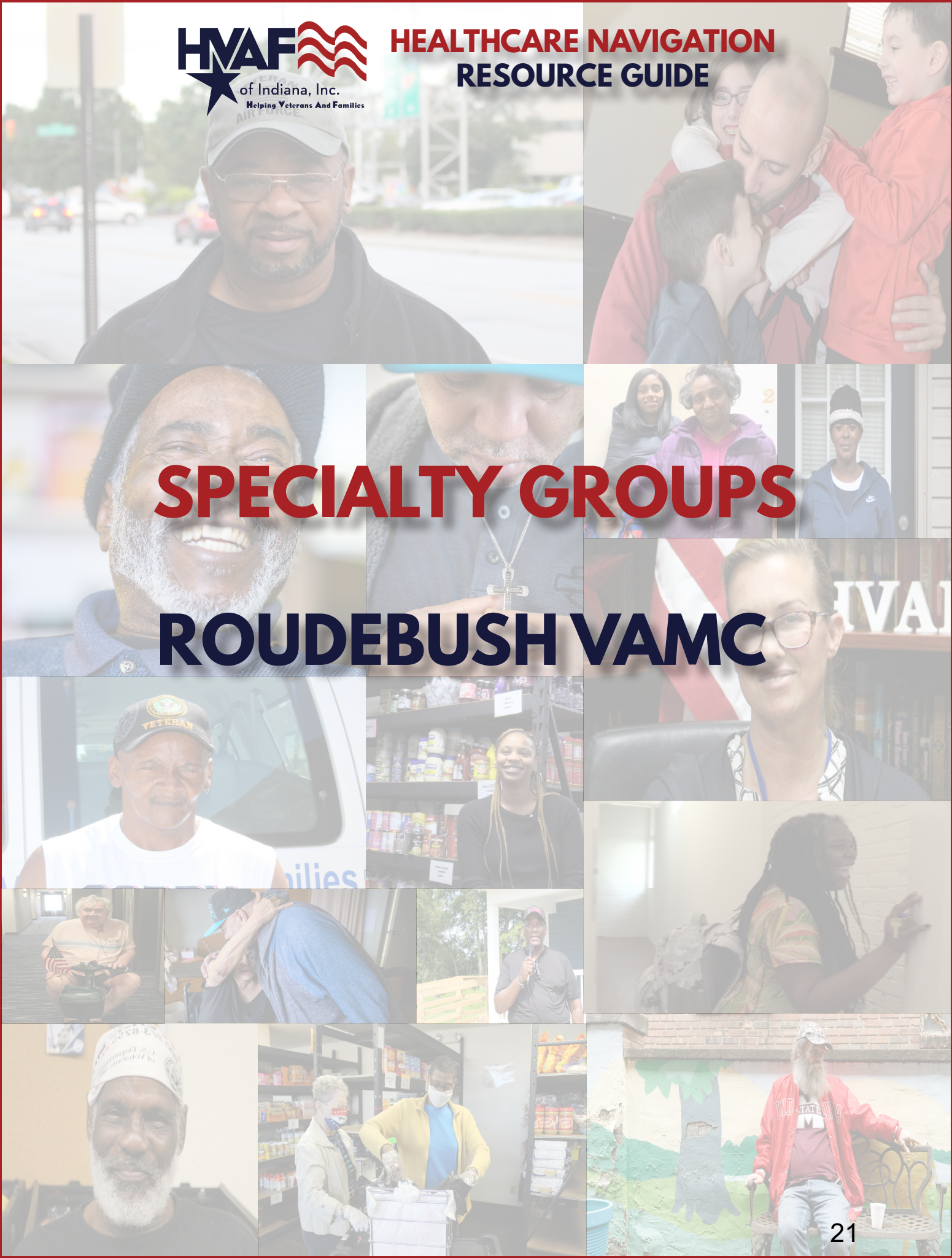
Northern & Central Indiana
(855) 641-8382

Southern Indiana
(800) 206-6610



HEALTHCARE NAVIGATION RESOURCE GUIDE

SPECIALTY GROUPS ROUDEBUSH VAMC



MOVE! Weight Program Options

Your Weight loss Journey begins with:

MOVE! Orientation – options are: Individual Appointment with a *MOVE!* Team Dietitian or *MOVE!* Orientation Group VVC appointment

- Group VVC class offered on Monday at 8am or Noon.
- Individual appointments – dates and times vary
- Self-Referral, Veterans call **317-974-4000** or **317-988-2352**

Veterans must go through MOVE! Orientation within the last 6 months to be able to participate in any of the following listed below.

- **MOVE! Weight Management Group Class**
VVC Only, 16 weeks, 1-hour class each week.
 - **Tuesday** 2-3pm
 - **Wednesday** 8-9am
 - **Friday** 8-9am
- **Individual MOVE!**
Appointments with PACT Team or *MOVE!* Dietitian
 - Dates and times vary
 - Face to Face, CVT or VVC
- **TeleMOVE Program**
after the completion of *MOVE!* Orientation
 - 90 day program, requires daily submission
- **MOVE! Weight Maintenance Group**
 - VVC Only
 - Second Tuesday of the Month 3-4pm
- **MOVE! Healthy Teaching Cooking Class**
VVC Only, 6-week series
 - **Thursday** 1-2pm
- **Be Active and MOVE (BAM Class)**
after the completion of the *MOVE!* Program
 - **Monday** 9:30 am



Treatment Resources for Military Sexual Trauma (MST)

Veteran's Health Administration (VHA) MST Coordinator

Jennifer Fox, LCSW

1481 W. 10th Street Indpls, IN 46202 317-988-3449

Secure message Group: Indianapolis Mental Health-PACC

Veteran Health Indiana

<https://www.indianapolis.va.gov/>

317-544-0000 | 317-988-1772

Indianapolis Vet Center

<https://www.indianapolis.va.gov/indyvetcenter/>

317-423-1680

6330 W. 71st St Indianapolis, IN 46278

VA MST Website

www.mentalhealth.va.gov/msthome.asp

Beyond MST: A free, secure and private mobile app created by the National Center for PTSD and the VA MST Support team with input from MST survivors, FOR MST survivors. Available for Android & iOS users.



Veteran Health Indiana Facebook Page

MST Lunch & Learn video posted on June 2, 2022 – approximately 30 mins

MST 101 Video posted on April 21, 2022- 48 mins

VA MST YouTube video (5 mins)

<https://www.youtube.com/embed/b9snig5gZfk>

Make The Connection (Videos of male Veterans sharing their recovery from MST)

www.maketheconnection.net

From the homepage

- 1) Click on "videos"
- 2) use drop down box to select "male" in the gender filter
- 3) click on "advanced filters"
- 4) click "effects of military sexual trauma," then close the advanced filter

Turn over for more MST resources

VA Services for Military Sexual Trauma:



Help
Hope
Healing

Benefit Resources related to Military Sexual Trauma (MST)

You may opt to contact one or both of the following for assistance in filing claims for service connected disabilities related to MST:

Veteran's Benefits Administration (VBA) MST Coordinators

Kimberlyn Tutt

Kimberlyn.tutt@va.gov

Phone: 317-916-3022 or 1-800-827-1000

575 N. Pennsylvania St. Indpls., IN 46204

Your local **County Veteran Service Officer (CVSO)**

<https://www.in.gov/dva/locate-your-cvso>

Other Important Resources

Indiana Dept of Veteran Affairs

<https://www.in.gov/dva/>

DAV, National Service Officers

DAV.VBAIndy@va.gov

Phone: 317-916-3615 | Fax: 317-916-3403

575 N. Pennsylvania St., Room 324 Indpls., IN 46204

Department of Defense Safe Helpline 877-995-5247

24/7 hotline that provides anonymous one-on-one support, peer-to-peer support, information, resources, and self-care exercises

Turn over for more MST resources



MST Group for Male Veterans

Warrior Renew: Healing From Military Sexual Trauma (MST)

Who: Veterans who identify as male

When: Tuesdays 1330-1530

Where: Telehealth/VVC from your own private location

Length: 15 weeks, with option to continue another 15 weeks

Brief description:

This group uses a workbook written for survivors of MST. Details of trauma will not be shared during this group. Group members will learn coping skills to manage common reactions to military sexual trauma such as anger, sleep, anxiety, guilt, sexual concerns, and relationship problems. The group will also focus on finding meaning, purpose, and joy after MST.

Other requirements:

Enrolled in psychiatry services, must attend individual therapy appointments with your therapist while participating in the group.

For a referral to the group, please contact one of the following:

- Your current mental health provider
- The group facilitators: Jennifer Fox, LCSW (MST Coordinator) at 317-988-3449 or Stephen Johnson, LSW at 812-478-1803

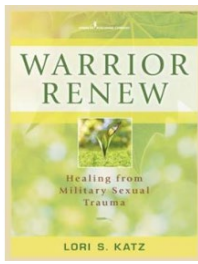
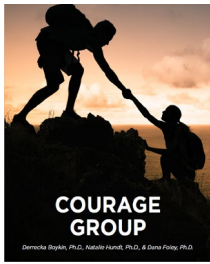


VA
HEALTH
CARE

Defining
EXCELLENCE
in the 21st Century

**YOU'RE
NOT ALONE**

VA is here for MST survivors



MST Focused Groups for Women Veterans



	Courage Group	Warrior Renew VVC Group	Warrior Renew in person group
Length	12 weeks	15 weeks, with option to continue for an additional 15 weeks	15 weeks, with option to continue for an additional 15 weeks
Closed Group (new members join only at the start of a new cohort)	Yes	Yes	Yes
Are details of trauma discussed in group?	No	No	No
Location/format of group	Veteran Video Connect (VVC)	Veteran Video Connect (VVC)	In person at Indianapolis VA
Day and Time of group	Wednesdays 9-10:30	Tuesdays 9-11a	Tuesdays 1-3p
Do I stay in therapy while attending in the group?	Recommended, but not required	Yes	Yes
Topics	Understanding MST, Surviving MST, Coping with Strong Emotions, Understanding It Was Not Your Fault, Grief & Loss, Anger, Trust, Self-Esteem, Relationships & Intimacy, Breaking the Silence, Self-Forgiveness, Moving Forward	Defining MST, Coping with Feelings, Nightmares & Sleep, Triggers & Anxiety, Anger & Resentment, Remembering & Understanding Trauma, Defining Relationship Patterns, Guilt, Self-Blame & Shame, Losses & Grief, Healthy Intimate Relationships, Effective Communication, Meaning, Purpose & Joy	Defining MST, Coping with Feelings, Nightmares & Sleep, Triggers & Anxiety, Anger & Resentment, Remembering & Understanding Trauma, Defining Relationship Patterns, Guilt, Self-Blame & Shame, Losses & Grief, Healthy Intimate Relationships, Effective Communication, Meaning, Purpose & Joy
Group leader(s)	Dr. Ellie Miskiel	Jennifer Fox, LCSW & Shannon Dakin, LMHC	Megan Rogers, LCSW
How to sign up	Ask for a referral to the Trauma Recovery Program	Ask your mental health provider for a referral. Attend 30 min, individual appt with a group leader to learn more.	Ask your mental health provider for a referral. Attend 30 min, individual appt with the group leader to learn more.



LGBTQ+ Services

Veteran Health Indiana offers numerous LGBTQ+ services to ensure all Veterans are provided quality, affirming care.

Contact Dr. Sperry (heather.sperry@va.gov; 317-988-2152; on MyHealtheVet), the LGBTQ+ Program Manager at Veteran Health Indiana for additional details. Resources include but are not limited to:

- LGBTQ+ Consult
- LGBTQ+ PACTs
- Pride in All Who Served Group
- LGBTQ+ Resiliency Group
- LGBTQ+ Support Group
- Transgender/Gender Diverse Support Group
- Individual Therapy
- Social Work Services
- Quit Tobacco Group
- MOVE Healthy Living Group
- Hormone Readiness Evaluations
- Surgery Readiness Evaluations
- Endocrinology
- Prosthetics
- Speech Pathology
- PrEP and PEP
- Name & Gender Marker Change
- Discharge Upgrades

Links Get the Facts:

[LGBTQ+ Factsheet-Nonbinary Veterans](#)

[LGBTQ+ Male Veterans: Gay and Bisexual Health Care](#)

[LGBTQ+ Female Veterans: Lesbian & Bisexual Health Care](#)

[LGBTQ+ Female Veterans: Transgender Female Health Care](#)

[LGBTQ+ Male Veterans: Transgender Male](#)

IPVAP Resource Directory

Crisis Lines

- **24-hour statewide hotline; Indiana Coalition Against Domestic Violence: 800-332-7385**
- National Domestic Violence Hotline: 800-799-7233
- National Sexual Assault Hotline: 800-656-4673
- Indiana Domestic Violence Network: 317-872-1086
- Indiana Child Protective Services Hotline: 800-800-5556
- Indiana Adult Protective Services Hotline: 800-992-6978

General Advocacy related to IPV (**majority of agencies under emergency shelter section offer advocacy services**)

Bartholomew County

- Turning Point
 - Phone: 1-800-221-6311
 - Address: P.O. Box 103, Columbus, IN 47202
 - turningpointdv.org

Hamilton County

- Prevail
 - Phone: 317-776-3472
 - Address: 1100 S. 9th Street, Suite 100 Noblesville, IN 46060
 - [Prevail of Central Indiana \(prevailinc.org\)](http://prevailinc.org)

Henry County

- Safe at Home, Inc
 - Phone: 765-518-4120
 - Address: 101 S. Main St., New Castle, IN 47362
 - [Services – Safe at Home \(hcsafeathome.com\)](http://hcsafeathome.com)

Johnson County

- Assist Indiana
 - Phone: 317-739-4456
 - Address: 198 E Jefferson St., Franklin, IN 46131
 - [ASSIST Indiana – Serving Survivors of Violence](http://assistindiana.org)

Lake County

- Gary Commission for Women
 - Phone: 219-883-4155
 - Address: 401 Broadway, Suite B-5, Gary, IN 46402
 - [Gary Commission for Women | Gary Commission for Women](http://garycommissionforwomen.org)

Marion County & surrounding counties

- Beacon of Hope
 - Phone: 317-731-6140
 - Address: 6920 S. East Street, Suite B, Indianapolis, IN 46227
 - [Home \(beaconofhopeindy.org\)](http://beaconofhopeindy.org)
- Coburn Place Safe Haven
 - Phone: 317-923-5750
 - Address: 604 E 38th St., Indianapolis, IN 46205
 - [Homepage - Coburn Place](http://coburnplace.org)
 - ***Also an access point for coordinated entry***

- Families First
 - Phone: 317-634-6341
 - Address: 2240 N Meridian St., 46208
 - [Families First \(familiesfirstindiana.org\)](http://familiesfirstindiana.org)
- Julian Center
 - Phone: 317-920-9320
 - Address: 2011 N Meridian St., 46202
 - www.juliancenter.org

Morgan County

- Desert Rose Foundation
 - Phone: 765-342-7673
 - Address: P.O. Box 1754 | Martinsville, IN 46151
 - [Desert Rose Foundation, Inc.: Martinsville, IN](http://DesertRoseFoundation.com)

Putnam, Owen, Clay, Parke, Montgomery, and Boone Counties

- Family Support Services of West Central Indiana
 - Phone: 765-653-4820
 - Address: 16 South Jackson Street, Greencastle, Indiana 46135,
 - [Domestic Violence | Family Support Services of West Central Indiana \(fsswci.net\)](http://fsswci.net)

Tippecanoe County

- YWCA
 - Phone: 765-423-1118
 - Address: 605 N. 6th Street, Lafayette, IN 47901
 - [Domestic Violence - YWCA Greater Lafayette \(ywcailafayette.org\)](http://ywcailafayette.org)

Counseling & Support Groups for IPV specifically

Hamilton County

- Prevail
 - Phone: 317-776-3472
 - Address: 1100 S. 9th Street, Suite 100 Noblesville, IN 46060
 - [Prevail of Central Indiana \(prevailinc.org\)](http://prevailinc.org)
 -

Johnson County

- Assist Indiana
 - **Phone:** 317-739-4456
 - **Address:** 198 E Jefferson St., Franklin, IN 46131
 - [ASSIST Indiana – Serving Survivors of Violence](http://ASSISTIndiana.org)

Marion County

- Legacy House
 - **Phone:** 317-554-5272—Call for appointments
 - **Address:** Eskenazi Center North Arlington – 2505 N Arlington Ave., 46128
 - [\(legacy-house.org\)](http://legacy-house.org)
- Families First
 - Phone: 317-634-6341
 - Address: 2240 N Meridian St., 46208
 - [Families First \(familiesfirstindiana.org\)](http://familiesfirstindiana.org)

Emergency Shelters: (**majority of emergency shelters listed below have advocacy services**)

Marion County

- Salvation Army Ruth Lilly Women & Children's Center
 - Phone: 317-637-5551
 - Address: 540 N. Alabama St., Indpls., IN 46204
 - salvationarmy.org
- Julian Center
 - Phone: 317-920-9320
 - Address: 2011 N Meridian St., 46202
 - www.juliancenter.org
- Wheeler Mission Center for Women & Children
 - Phone: 317.687.3630
 - Address: 3208 E. Michigan St., Indianapolis, IN 46201
 - [Women's Services | Homeless Shelter for Women in Indianapolis \(wheelermission.org\)](http://Women's%20Services%20Homeless%20Shelter%20for%20Women%20in%20Indianapolis.wheelermission.org)
- Wheeler Mission Shelter for Men
 - Phone: 317-687-6795
 - Address: 520 E. Market St., Indianapolis, IN 46204
 - [Men's Services | Homeless Shelter for Men in Indianapolis \(wheelermission.org\)](http://Men's%20Services%20Homeless%20Shelter%20for%20Men%20in%20Indianapolis.wheelermission.org)
- Dayspring Center
 - Phone: 317-635-6780
 - Address: P.O. Box 44105, Indianapolis, IN 46244-0105
 - [Homepage - Dayspring Center \(dayspringindy.org\)](http://Homepage%20-%20Dayspring%20Center.dayspringindy.org)
- Holy Family Shelter
 - Phone: 317-635-7830
 - Address: 907 N. Holmes Avenue, Indianapolis, Indiana 46222
 - [Holy Family Shelter \(archindy.org\)](http://Holy%20Family%20Shelter.archindy.org)

Marion, Madison, Hamilton, Hancock, Henry, and Tipton County

- Alternatives Incorporated
 - Phone: 866-593-9999
 - Address: P.O. Box 1302, Anderson, IN 46015-1302
 - [Housing Services \(alternativesdv.org\)](http://Housing%20Services.alternativesdv.org)
 - ***has onsite area for pets***

Allen, Dekalb, Huntington, Noble, Wells, and Whitley Counties

- YWCA of Northeast Indiana
 - Phone: 800-441-4073 or 260-447-7233
 - Address: 5920 Decatur Road, Fort Wayne, IN 46816
 - [Domestic Violence Services - YWCA Northeast Indiana \(ywcanein.com\)](http://Domestic%20Violence%20Services%20-%20YWCA%20Northeast%20Indiana.ywcanein.com)

Bartholomew County

- Turning Point
 - Phone: 1-800-221-6311

- Address: P.O. Box 103, Columbus, IN 47202
- turningpointdv.org

Boone, Fountain, Montgomery, Putman Counties

- Family Crisis Center
 - Phone: 800-370-4103
 - Address: Crawfordsville, IN
 - [Family Crisis Shelter \(google.com\)](http://FamilyCrisisShelter.google.com)

Boone County

- Helping Hands Domestic Violence Emergency Shelter
 - Phone: 765-482-3020 ext. 100
 - Address: 1122 N Lebanon St, Lebanon, IN 46052
 - [HELPING HANDS SHELTER - Mental Health America Boone County \(mhaboonecounty.org\)](http://HELPINGHANDSHELTER-MentalHealthAmericaBooneCounty.mhaboonecounty.org)

Cass, Howard, Miami, Tipton Counties

- Family Service Association
 - Phone: 765-868-3154
 - Address: 618 S. Main Street, Kokomo, IN 46901
 - [Family Service Association of Howard County, Inc.: Domestic Violence Program \(fsahc.org\)](http://FamilyServiceAssociationofHowardCounty.In.:DomesticViolenceProgram.fsahc.org)

Decatur County

- New Directions
 - Phone: 812-662-8822
 - Address: P.O. Box 247, Greensburg, IN 47240
 - [Residential Services | New Directions \(mynewdirections.org\)](http://ResidentialServices|NewDirections.mynewdirections.org)

Delaware County

- A Better Way
 - Phone: 765-288-HELP
 - Address: P.O. Box 734, Muncie, IN 47308
 - [A Better Way - We're here to help! \(abetterwaymuncie.org\)](http://ABetterWay-We'reherehelp!.abetterwaymuncie.org)

Fountain & Warren Counties

- Hope Springs Safe House
 - Phone: 765-764-5212
 - Address: P.O. Box 244, Attica, IN 47918
 - [Microsoft Word - Hope Springs_Brochure \(wicf-inc.org\)](http://MicrosoftWord-HopeSprings_Brochure.wicf-inc.org)

Franklin, Dearborn, Jefferson, Ohio, Ripley, Switzerland Counties

- Safe Passage, Inc
 - Phone: 877-733-1990 or 812-932-7233
 - Address: PO Box 235, Batesville, Indiana 47006
 - [Domestic Violence Services – Safe Passage Inc.](http://DomesticViolenceServices-SafePassageInc.)

Grant County

- Flannery-Keal Home (Family Service Society)
 - Phone: 765-662-9971 ext 113. After hours: 765-664-0701
 - Address: 101 S. Washington St. Marion, IN 46952
 - [Intervention Services – Family Services \(famservices.com\)](http://InterventionServices-FamilyServices.famservices.com)

Hendricks County

- Sheltering Wings
 - Phone: (317) 745-1496
 - Address: P.O. Box 92, Danville, IN 46122
 - [Home | Sheltering Wings](http://Home|ShelteringWings)

Jennings County

- JCCDV
 - Phone: 812-346-1592
 - Address: 51 Pike Street, Vernon, IN 47282
 - [Jennings County Council on Domestic Violence - Contact \(jccdv.org\)](http://jccdv.org)

Knox & Daviess Counties

- Hope's Voice
 - Phone: 812-899-HOPE
 - Address: 1513 S Wessell Road, Vincennes, IN
 - [Hope's Voice of Knox and Daviess County - About | Facebook](#)

Lagrange County

- Elijah Haven Crisis Intervention Center
 - Phone: 1-866-463-3400
 - Address: 201 S Detroit Street, Lagrange, IN, 46761
 - [Elijah Haven - Home](#)

Lake County

- Rainbow Ark Shelter
 - Phone: 219-886-1600
 - Address: 455 Massachusetts St, Gary, IN 46402
 - [Gary Commission for Women | Gary Commission for Women](#)
- St. Jude House
 - Phone: 800-254-1286
 - Address: 12490 Marshall Street, Crown Point, Indiana 46307-4856
 - [About – St. Jude House](#)

Lake, Porter, and Starke Counties

- The Caring Place
 - Phone: 219-464-2128
 - Address: Valparaiso, IN
 - [The Caring Place | Valparaiso Indiana Domestic Violence Abuse Shelter \(thecaringplacenwi.org\)](http://thecaringplacenwi.org)

LaPorte County

- Stepping Stone Shelter
 - Phone: 888-879-4615 or 219-879-4615
 - Address: P.O.Box 1045, Michigan City, IN 46361
 - steppingstoneshelter.org

Monroe, Morgan, Owen, Martin, Lawrence, Green Counties

- New Wings (Middle Way House)
 - Phone: 812-336-0846
 - Address: P.O. Box 95, Bloomington, IN 47402
 - [Emergency Shelter – Middle Way House](#)

Orange County

- Hoosier Hills PACT
 - Phone: 812-723-2621
 - Address: 205 East Main Street, Suite 3, Paoli, IN 47454
 - [Hoosier Hills PACT | PACT \(pactchangeslives.com\)](http://pactchangeslives.com)

Rush County

- Phoenix House Shelter (Rush County Victims Assistance)
 - Phone: 765-938-1555 or 765-561-3419
 - Address: PO Box 303, Rushville, Indiana 46173
 - [Safe Shelter for Domestic Abuse | Planning to Leave | Phoenix House \(rcvaphoenix.org\)](#)

Tippecanoe, Benton, Carroll, Clinton, Warren, and White County

- YWCA of Greater Lafayette
 - Phone: 765-423-1118
 - Address: 605 N. 6th Street, Lafayette, IN 47901
 - [Domestic Violence - YWCA Greater Lafayette \(ywcalafayette.org\)](#)

Vanderburgh, Crawford, Dubois, Gibson, Harrison, Orange, Posey, Perry, Pike, Spencer, Warrick, Counties

- Albion Fellows Bacon Center
 - Phone: 812-422-9372
 - Address: P.O. Box 3164, Evansville, IN 47731
 - [Emergency Shelter - Albion Fellows Bacon Center](#)
- YWCA of Evansville
 - Phone: 866-367-9922 or 812-422-1191
 - Address: 118 Vine Street, Evansville, IN 47708
 - [Housing Programs - YWCA Evansville](#)

Vigo County

- Council on Domestic Abuse
 - Phone: 800-566-2632
 - Address: 26 South 17th Street, Terre Haute, IN 47807
 - [COUNCIL ON DOMESTIC ABUSE - Home \(codaterrehaute.org\)](#)

Warsaw County

- The Beaman Home
 - Phone: 877-725-9363 or shelter phone: 574-267-7701
 - Address: P.O. Box 12, Warsaw, IN 46581
 - [The Beaman Home - Home](#)

Wayne, Union, and Fayette Counties

- Genesis of Richmond, Inc.
 - Phone: 765-966-SAFE
 - Address: 15 South 11th Street, Richmond, IN 47374
 - [Genesis - Shelter \(google.com\)](#)

Foster Pet Programs

Due to pets being a significant obstacle to exiting an IPV situation, many shelters accept pets along with their owners. Some shelters house pets onsite, while some offer off-site housing. Use the following two websites to search for shelters that accept pets or have partnerships with entities that safely house pets:

- [Safe Havens Mapping Project \(safehavensforpets.org\)](https://safehavensforpets.org/)
- [Home | Safe Place for Pets](#)

Lake County

- Humane Indiana Shelter (pets only)
 - Phone: (219) 922-3811
 - Address: 421 45th Avenue, Munster, IN, 46321
 - [SHELTER-FOSTERING — Humane Indiana](#)

Marion County & surrounding counties

- Beacon of Hope (pets only)
 - Phone: 317-731-6140
 - Address: 6920 S. East Street, Suite B, Indianapolis, IN 46227
 - [Home \(beaconofhopeindy.org\)](https://beaconofhopeindy.org/)

Marion County

- SOARS
 - Online application only
 - [Forms | SOAR Initiative](#)

Legal (protective orders, civil court proceedings, victims' rights education, etc).

All Counties

- Indiana Legal Services
 - Phone: 844-243-8570
 - Address: [Office Locations - ILS \(indianalegalservices.org\)](#)
 - [Indiana Legal Services, Inc](#)

Marion County

- Center for Victim and Human Rights
 - Protection Orders, Crime Victim Rights Enforcement
 - Phone: 317-610-3427
 - Address: 201 N Illinois St., 16th Floor, South Tower, 46204
 - [\(cvhr.org\)](https://cvhr.org/)
- Neighborhood Christian Legal Clinic
 - Phone: 877-236-0730
 - Address: Indianapolis: 3333 N Meridian Street, Suite 201, Indianapolis, Indiana 46208
 - [Survivor Justice Program — Neighborhood Christian Legal Clinic \(nclegalclinic.org\)](#)

Marion & surrounding counties

- Indianapolis Legal Aid Society
 - Income must be less than 125% of the federal poverty levels - [Poverty Guidelines | ASPE \(hhs.gov\)](#)
 - Phone: 317-635-9538
 - Address: English Foundation Building—615 N Alabama St., Room 122, 46204
 - www.indylas.org

Transitional Housing

Marion County

- Coburn Place Safe Haven
 - Phone: 317-923-5750
 - Address: 604 E 38th St., Indianapolis, IN 46205
 - [Homepage - Coburn Place](#)
 - ***Also an access point for coordinated entry***

Morgan County

- Desert Rose Foundation
 - Phone: 765-342-7673
 - Address: P.O. Box 1754 | Martinsville, IN 46151
 - [Desert Rose Foundation, Inc.: Martinsville, IN](#)

Long-term Housing Advocacy

Find organizations by county that assist with permanent housing:

- [Get Connected – Safe Path Home](#)

Of Note: Homelessness due to exiting/fleeing IPV is considered “Level 4 homeless”

- A person may present to a Coordinated Entry System (CES) access site to complete an assessment
- [Are you experiencing homelessness or at-risk of becoming homeless? We're here to guide you to help. - CHIP \(chipindy.org\)](#)
 - Coburn Place Safe Haven is a designated access point

Virtual Resources

myPlan app - [myPlan \(myplanapp.org\)](#)

A free app to help with safety decisions if you, or someone you care about is experiencing abuse in their intimate relationship (current or former). Private, secure, personalized, and backed by research. Available on Iphone & Android.

NOONLIGHT - [Noonlight: America's No. 1 Safety App](#)

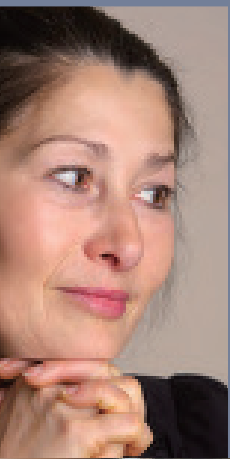
If feeling unsafe, open the app & hold the button. Once safe, release the button & enter 4-digit PIN. If in danger, release the button & *do not* enter your PIN. NOONLIGHT notifies the police of your exact location. Available on Iphone & Android.

Childcare

Childcare answers: [Free Services for Central Indiana - Child Care Answers](#)

Vickie Lehman – vickil@childcareanswers.org

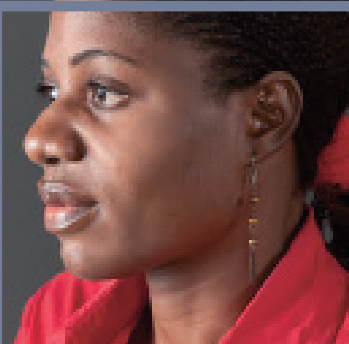
The most
important
thing is
YOUR SAFETY



IPV CAN HAPPEN TO ANYONE.

It happens to people of all genders who have intimate relationships with others.

It can happen to anyone, regardless of age, sexuality, income, race, ethnicity, culture, religion, or disability.



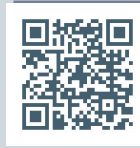
If you **don't feel safe**, seek help immediately
CALL 911



ADDITIONAL RESOURCES

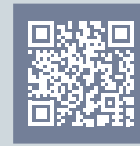
VHA Social Work Intimate Partner Violence Assistance Program

www.socialwork.va.gov/IPV/Index.asp



Futures Without Violence

www.futureswithoutviolence.org



NATIONAL DOMESTIC VIOLENCE HOTLINE

1-800-799-SAFE (7233)

Call for 24-hour confidential support, local referrals, safety planning, housing options, and legal resources.

www.thehotline.org



VA



U.S. Department of Veterans Affairs

Veterans Health Administration

Is your relationship
affecting your health?

Has a partner put you down,
threatened or hurt your?

If so, **VA CAN HELP.**



Intimate Partner Violence (IPV)

WHAT IS INTIMATE PARTNER VIOLENCE (IPV)?

Intimate partner violence (IPV) occurs when a current or former intimate partner (for example, boyfriend, girlfriend, spouse) harms, threatens to harm, or stalks their partner/former partner.

EMOTIONAL IPV

Emotional IPV is when a person tries to hurt their partner emotionally and mentally. It is common for emotional IPV to begin before other types of IPV.

Examples include:

- Name calling, putting you down
- Controlling your money or spending
- Keeping you from friends and family
- Bullying, stalking
- Controlling where you go or what you wear

PHYSICAL IPV

Physical IPV is when a person tries to hurt their partner by using physical force.

Examples include:

- Hitting
- Slapping
- Choking
- Biting
- Shoving
- Kicking
- Restraining
- Hair-pulling

SEXUAL IPV

Sexual IPV is when a person forces or tries to convince their partner to engage in sexual activities when the other partner does not want to, or is unable to consent (for example, when someone is impacted by alcohol or drugs).

THREATS OF VIOLENCE

Threats of violence are ways to cause fear through words, actions, or weapons to harm the partner, their possessions, their pets, or their loved ones.

Some people experience only one of these forms of violence while others may experience more than one. IPV can be a single event or can last for many years. No matter what, no one deserves to be treated this way.

WHAT ARE THE EFFECTS OF IPV

MENTAL HEALTH

- Sadness
- Feeling “on edge”
- Difficulty concentrating
- Trouble relaxing
- Being stressed out
- Trouble sleeping
- Nightmares
- Feelings of shame or guilt
- Blaming yourself for what happened

PHYSICAL HEALTH

- Pain
- Headaches
- Pregnancy complications
- Stomach problems
- Bruises/cuts
- Broken bones
- Fatal injuries
- Female health problems

SOCIAL HEALTH

- Avoiding new relationships
- Feeling uncomfortable or unsafe in relationships
- Money problems
- Difficulties trusting people
- Pulling away or isolating from friends and family
- Homelessness
- Job issues

MANY PEOPLE WITHIN VA CAN HELP YOU GET SERVICES

Contact your local VA clinic and ask to speak with a social worker or the Intimate Partner Violence Assistance Program Coordinator.

VA employees who are impacted by IPV can also contact the IPVAP Coordinator.

VA can provide community referrals for things such as legal advice, shelters, and support groups.

Talk to your primary care provider and they can refer you to a mental health specialist, such as a social worker or psychologist.

EVERYONE DESERVES TO FEEL SAFE

Batterer's Intervention Agencies

Fall Creek Counseling-South – No Fee

4026 South Madison Avenue
Indianapolis, IN 46227
317-789-0647

Services Provided: Anger, BIP, Theft, SAT

Scheduling Process: Orientation on Thursdays at 10am or 6:30pm

Fall Creek Counseling-West – No Fee

5610 Crawfordsville Road, Suite 2401
Indianapolis, IN 46224
317-291-6360

Services Provided: Anger, BIP, SAT

Scheduling Process: Orientation on Thursdays at 10am or 6:30pm

Fall Creek Counseling- East - No Fee

2525 N. Shadeland Avenue
Indianapolis, IN 46219
317-375-1901

Services Provided: Anger, BIP, SAT

Scheduling Process: Orientation on Thursdays at 10am or 6:30pm

Families First / Children's Bureau

2240 N. Meridian St
Indianapolis, IN 46208
317-634-6341

Services Provided: BIP, Parenting, SAT

Scheduling Process: Call for appointment

Fee: \$50 assessment, \$sliding scale up to \$50 per class ¹

Indianapolis Counseling Center

724 North Illinois
Indianapolis, IN 46204
317-549-0333

Services Provided: Anger, BIP, Sex, SAT

Scheduling Process: Call for appointment

Fee: \$50 assessment, \$ sliding scale fee

Intrinsic Dynamics

5422 N. Keystone Ave.
Indianapolis, IN 46220
317-985-7363

Services Provided: Anger, BIP, SAT

Scheduling Process: Call for appointment

Life Recovery Center – South

8150 Madison Avenue
Indianapolis, IN 46227
317-887-3290

Services Provided: Anger, BIP, SAT

Scheduling Process: Call for appointment

Life Recovery Center - West

3607 W. 16th St. Suite 8-3
Indianapolis, IN 46222
317-887-3290

Services Provided: Anger, BIP, SAT

Scheduling Process: Call for appointment

Life Recovery Center - East

4455 McCoy Street, Suite 301
Indianapolis, IN 46226
317-887-3290

Services Provided: Anger, BIP, SAT

Scheduling Process: Call for appointment

Life Recovery Center - North

8727 Commerce Park Pl, Suite L
Indianapolis, IN 46268
317-887-3290

Services Provided: Anger, BIP, SAT

Scheduling Process: Call for appointment

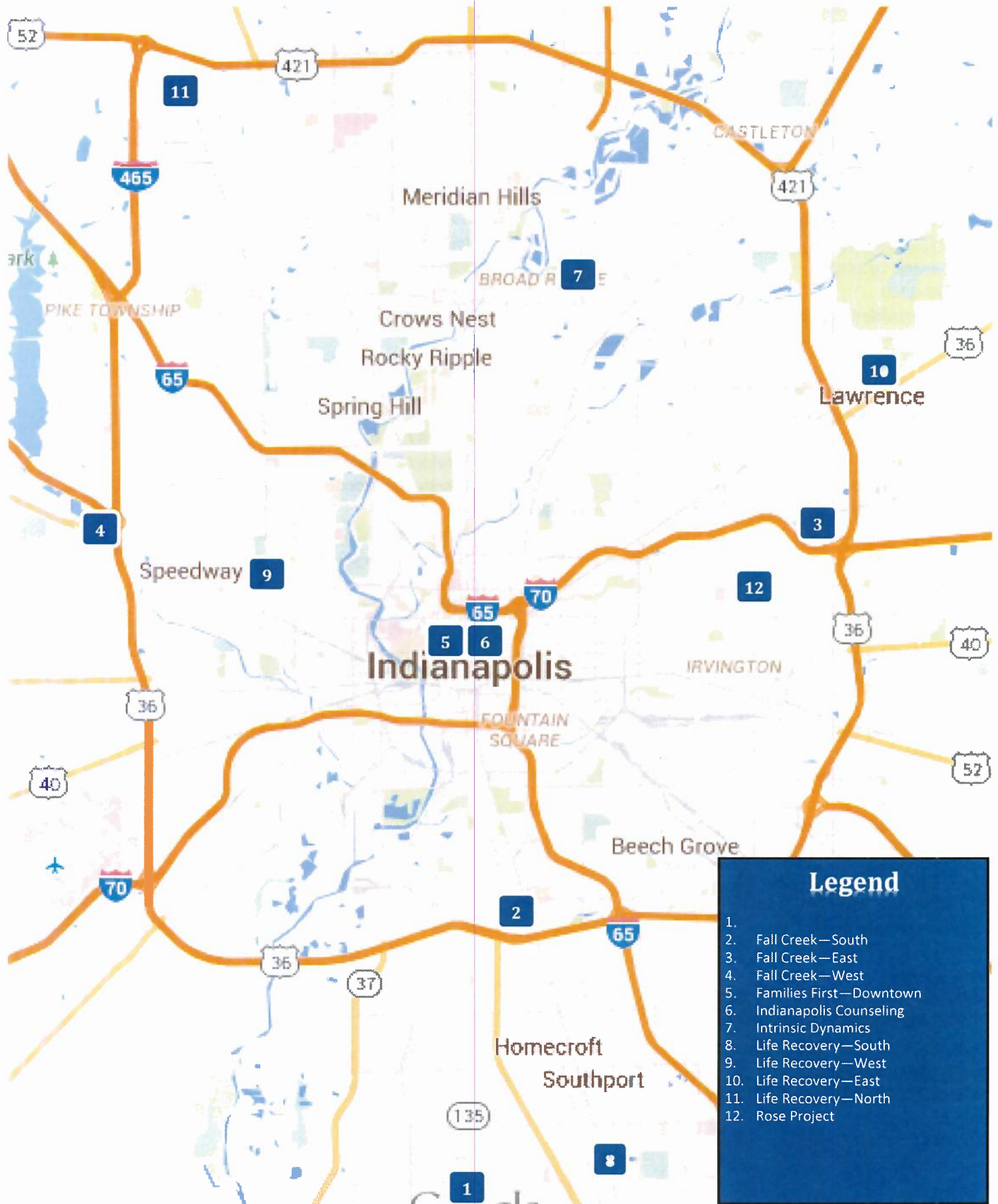
Rose Project - \$20/class on probation \$35/class not on probation

1311 N. Arlington Ave, Suite 102
Indianapolis, IN 46219
317-222-5064

Services Provided: BIP, SAT Scheduling

Process: Call for appointment

Batterer's Intervention Agencies



Class	When
Chair Yoga (Holder) 10 classes **Need medical clearance for VVC**	<u>VVC</u> Tuesday 1:00 Friday <u>Face to Face</u> Wednesday 1:00
Tai Chi (Holder) 10 classes **Need medical clearance for VVC**	<u>VVC</u> Tuesday 10-11 Friday <u>Face to Face</u> Wednesday 2-3 Monday 10-11
Walking Group (Holder) 18 classes *must be able to walk 10 minutes	Monday 11-12:30 Thursday 9-10:30
Hope and Healing (Holder/Petroy) 10 classes **ONLY Veterans enrolled in the VIP clinic**	<u>VVC</u> Thursday 12:30-2:00 VVC <u>Face to Face</u> Wednesday 10-11:30
iRest Meditative Practice (Petroy) 8 classes	<u>Face to Face</u> <u>VVC</u> Tuesday 12:30-2pm Thursday 10-1130
Cognitive Behavior Therapy Group for Chronic Pain (Lustig/Hines) 10 classes **ONLY Veterans enrolled in the VIP clinic** 6-8 Veterans/class	<u>Face to Face</u> -Tuesday (Lustig) 2-330 Will take place at WTS -Thursday (Hines) 10-1130 YMCA clinic
Chronic Pain Support Group (Holder/Petroy)	1 st Monday - F2F/VVC 3 rd Monday – RT Community Outing
Pain Foundations Group (Hooker, Hines, Martin, Holder)	4-week Cohort Thursdays 1:00-2:00



Mobile Vet Center

The Mobile Vet Center (MVC) offers enhanced service delivery across the entire state of Indiana, Western Kentucky and Southeastern Illinois and any area where services are needed or requested, while continuing meaningful services in its primary Central Indiana service area counties.

MVC Operator

William "Bill" Moylan

Office: 317-988-1605

Email: william.moylan@va.gov

298,576 Veterans, active duty service members (including Guard and Reservists) and their families received readjustment counseling at VA's 300 Vet Centers, totaling **more than 1.9 million** visits in Fiscal Year 2018.

Indianapolis Vet Center
8330 Naab Rd., Ste 103
Indianapolis, IN 46260



VA



U.S. Department
of Veterans Affairs



INDIANAPOLIS VET CENTER



317-988-1600 | Fax: 317-988-5566

www.vetcenter.va.gov

Services

Individual Counseling

Group Counseling

Sexual Trauma
Counseling

Marital/Family
Counseling

Bereavement Counseling

Liaison with
Veteran Affairs

Training and
Job Placement

Information and
Referral Services

Community Education

Since 1979, the men and women who staff Vet Centers are professionals with a breadth of experience, cultural awareness, and sensitivity. They are ready to help you!

Services are **FREE** to eligible Veterans.

Mission

Vet Centers serve Veterans and their families by providing quality care that includes readjustment counseling, community education, outreach to special populations, and connection to services with community agencies. We are a link between the Veteran and other services in the Department of Veteran Affairs.

Understanding

Vet Centers offer common ground for men and women who served our country during war. You can take advantage of our experience, service, and community networking. We are ready to help bring you and your loved ones home from war.

Confidentiality & Privacy

Vet Center staff hold in strictest confidence all information disclosed in the counseling process. No information will be communicated to any person or agency without written consent from Veterans, except in circumstances averting a crisis (Privacy Act, 1975).

Other Indiana Vet Centers

Evansville Vet Center

Evansville, IN 47715

Phone: 812-473-5993

Fort Wayne Vet Center

Fort Wayne, IN 46807

Phone: 260-460-1456

Gary Area Vet Center

Crown Point, IN 46307

Phone: 219-736-5633

South Bend Vet Center

South Bend, IN 46614

Phone: 574-231-8480

Combat Call Center

1-877-927-8387 (24hrs)

Mental Wellness Resources in Central Indiana

Emergency Crisis, Support, and Referral Resources

The resources below are available by telephone, text, and/or online for persons in need of referral, support, and intervention. The person at risk or family and friends may call these resources at any time for free help.

Organization	Contact Information	Description
988 Suicide & Crisis Lifeline	988 https://988lifeline.org/	Dialing “988” will route calls to the National Suicide Prevention Lifeline for anyone experiencing substance use issues, a suicidal crisis, or mental health-related distress.
Veterans Crisis Line	Dial 988 then Press 1 Text 838255 https://www.veteranscrisisline.net/	This crisis line is intended for veterans even if you are not enrolled in VA benefits or healthcare who are in an emotional crisis and/or are experiencing thoughts of harming themselves or others.
National Sexual Assault Hotline 24/7 Support	800-656-HOPE (4673) https://www.rainn.org/	Live help for sexual assault victims and their friends and families. Free, confidential, and secure, by phone or online chat.
Indiana Adult Protective Services (APS)	800-992-6978 https://www.in.gov/ipac/adult-protective-services/	Toll-free hotline to report suspected cases of adult (18+ years of age) abuse or neglect. Available 24 hours a day.
Indiana Child Protective Services (CPS)	800-800-5556 https://www.in.gov/dcs/child-protective-services/	Toll-free hotline to report suspected cases of child (up to and including 17 years of age) abuse or neglect. Available 24 hours a day.
Trevor Project 24/7/365 100% free	866-488-7386 Text line: text “START” to 678-678 https://www.thetrevorproject.org/get-help/	You’ll be connected to a Trevor counselor who is understanding of LGBTQ+ issues and won’t judge you. Your conversation will be anonymous by phone, text, and chat.
Local Police: Indianapolis Metropolitan Police Department (IMPD)	Emergency: 911 Emergency: 317-327-3271 Non-Emergency: 317-327-3811 https://www.indy.gov/agency/indianapolis-metropolitan-police-department	If you or someone you know is in a life-threatening situation, call 9-1-1 or the local police number. Request the dispatcher send a CIT (Crisis Intervention Team) officer specially education to help persons in emotional distress.
National Alliance on Mental Illness Indiana (NAMI)	Telephone: 1-800-950-NAMI (6264) Text: “HelpLine” to 62640 Chat: https://nami.org/help Email: helpline@nami.org	If you or someone you know need help, contact NAMI HelpLine Mon.-Fri. from 10 a.m. – 10 p.m. ET. This is free, nationwide peer-support service providing information, resource referrals and support to people with a mental health condition.
Connect2Help 211	Telephone: Dial 2-1-1 or (866) 211-9966 https://in211.communityos.org/	This is a free and confidential service that helps Hoosiers across Indiana find the local resources they need. 24/7

Psychiatric Emergency Departments

The facilities below have psychiatric emergency rooms that will assess a person in crisis on site and refer them to the proper treatment.

Facility	Contact Information	Address
Community Hospital North (CHN)	Telephone: 317-621-5700 (Option #1) Text line: text HELPNOW to 20121 https://www.ecommunity.com/services/mental-behavioral-health/24-hour-crisis	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256 For non-medical emergencies, enter through the Crisis lobby located on the North end.
Eskenazi Hospital (MARION COUNTY RESIDENTS ONLY)	Telephone: 317-880-8491 Crisis Line: 317-880-8485 https://www.eskenazihealth.edu/mental-health/acute/crisis-intervention-unit	Eskenazi Hospital Crisis Intervention Unit 710 Eskenazi Ave Indianapolis, IN 46202
IU Health Methodist Hospital	Telephone: 317-962-2622 Emergency Dept.: 317-962-8355 https://iuhealth.org/find-medical-services/behavioral-health	Patients can show up in person or call. 1701 N. Senate Blvd Indianapolis, IN 46202
Options Behavioral Health System	Telephone: 866-466-0127 https://www.optionsbehavioralhealthsystem.com/about/contact/	5602 Caito Dr. Indianapolis, IN 46226
Richard L. Roudebush Veterans Administration Medical Center (QUALIFYING VETERANS ONLY)	(QUALIFYING VETERANS ONLY) Emergency Department: 317-988-2539 Crisis Line: Dial 9-8-8 then press 1	1481 West Tenth Street Indianapolis, IN 46202
St. Vincent Stress Center	Telephone: 317-338-4800 Toll-free: 800-872-2210 Inpatient services for: Children, Adolescents, Adults https://healthcare.ascension.org/locations/indiana/ineva/indianapolis-ascension-st-vincent-stress-center	8401 Harcourt Rd. Indianapolis, IN 46260
Valle Vista Hospital	Telephone: 833-336-1348 24/7 Inpatient services for: Children, Adolescents, Adults https://vallevistahospital.com/?utm_source=Google-Business-Yext&utm_medium=organic	898 E. Main St. Greenwood, IN 46143

Community Mental Health Centers (CMHC) Outpatient Resources-

Offer comprehensive mental health services based on a sliding-scale fee. Recommended to call several facilities to see what fits your need.

Facility	Contact Information	Areas Served
Adult & Child Mental Health Center	Telephone: 317-882-5122 https://adultandchild.org/services/	Indy south side & Johnson County
Aspire Indiana Behavioral Health	Telephone: 877-574-1254 Crisis Line: 800-560-4038 https://www.aspireindiana.org/	Indy north side: Boone, Madison, & Hamilton Counties
Center Stone of Indiana	Telephone: 800-344-8802 Crisis Line: 800-832-5442 https://centerstone.org/locations/indiana/	South central Indiana
Cummins Mental Health Centers	Telephone: 888-714-1927 Ext 1500 Crisis Line: 888-714-1927 Ext 1501 https://www.cumminsbhs.org/locations/	Indy west side: Boone, Hendricks, Montgomery, & Vigo counties
Hamilton Center, Inc.	Telephone: 317-837-9719 Crisis Line: 800-742-0787 https://www.hamiltoncenter.org/	Indy west side: Hendricks County
Hamilton Center, Inc.	Telephone: 317-937-3700 Crisis Line: 800-742-0787 https://www.hamiltoncenter.org/	Hendricks, Morgan, Putnam counties
Gallahue Mental Health Services (Community Health Network)	Telephone: 317-621-5700 (select Option 2) Crisis Line: 317-621-5700 (select Option 1) https://www.ecommunity.com/services/mental-behavioral-health/locations-clinics	Indy east and north sides: Hamilton, Hancock, Johnson, Madison, & Shelby
Midtown Community Mental Health Center	MARION RESIDENTS ONLY Telephone: 317-880-8491 Crisis Line: 317-880-8485 https://www.eskenazihealth.edu/mental-health	MARION COUNTY RESIDENTS ONLY

Mental Health Inpatient Hospitals

The facilities listed below offer inpatient services when the need for such services is assessed by a doctor.

Facility	Contact Information	Address
Community Hospital North	Telephone: 317-621-5700 Inpatient services for: Children, Adolescents, Adults	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256
IU Health Methodist Hospital	Telephone: 317-962-2622 Emergency Department: 317-962-8355 Inpatient services for: Children, Adolescents, Adults https://iuhealth.org/find-medical-services/behavioral-health	1701 N. Senate Blvd. Indianapolis, IN 46202
Midtown Community Mental Health Center	Telephone: 317-880-8491 Crisis Line: 317-880-8485 Inpatient services for: Adults 18 years of age or older https://www.eskenazihealth.edu/mental-health	MARION COUNTY RESIDENTS ONLY Eskenazi Hospital Crisis Intervention Unit 710 Eskenazi Ave. Indianapolis, IN 46202
NeuroPsychiatric Hospital of Indianapolis	Telephone: 317-744-9200 Inpatient services for: Adults 21 years of age and older with a focus on geriatric (age 50+) inpatient psychiatric treatment https://www.neuropsychiatrichospitals.net/find-a-location/	6720 Parkdale Place Indianapolis, IN 46254
Options Behavioral Health System	Telephone: 877-552-0032 Inpatient services for: Children, Adolescents, Adults https://www.optionsbehavioralhealthsystem.com/about/location/	5602 Caito Dr. Indianapolis, IN 46226
Richard L. Roudebush VA Medical Center	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Emergency department: 317-988-2539 Crisis Line: Dial 988 and then PRESS 1 https://www.va.gov/indiana-health-care/health-services/	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Walk-in Clinic 1481 West 10 th St. Indianapolis, IN 46202
St. Vincent Stress Center	Telephone: 317-338-4800 Inpatient services for: Children, Adolescents, Adults https://healthcare.ascension.org/locations/indiana/ineva/indianapolis-ascension-st-vincent-stress-center	8401 Harcourt Rd. Indianapolis, IN 46260
Valle Vista Hospital	Telephone: 800-447-1348 Inpatient services for: Children, Adolescents, Adults https://vallevistahospital.com/	898 East Main St. Greenwood, IN 46143

Addiction Inpatient Resources

Addiction Inpatient Services provide 24 hour medical care and additional treatment offered in a hospital when the need for such services is assessed. They are private facilities; therefore, payment options and insurance types vary. Please contact each facility directly.

Facility	Contact Information	Address
Community Fairbanks Recovery Center	Telephone: 800-225-4673 24hrs a day Admission Hours: Mon.-Fri. 8 a.m. to 9 p.m. Sat/Sun. 8 a.m. to 5 p.m. https://www.ecommunity.com/locations/community-fairbanks-recovery-center	8102 Clearvista Parkway Indianapolis, IN 46256
Ethan Crossing Indianapolis	Admissions: 317-280-2700 Admission Fax: 317-280-2900 Inpatient Services: Substance Use Detox and Inpatient Psych https://ethancrossingindianapolis.com/	4102 Shore Dr. Indianapolis, IN 46254 Ethan Crossing Brochure
Footprints to Recovery	Call Directly- Ronda Gorby with Referrals: 224-213-3391 Offers: Medical Detox, Residential, Part Hospitalization, Intensive Outpatient, and basic Outpatient Programs. https://footprintstorecovery.com/ www.aliyahealthgroup.com	411 West River Road Elgin, IL 60123 (Will provide transportation if in IN)
Salvation Army Harbor Light Center	Telephone: 317-972-1450 https://centralusa.salvationarmy.org/harborlightindiana/	2400 N. Tibbs Ave Indianapolis, IN 46222
St. Vincent Stress Center	Telephone: 317-338-4800 https://healthcare.ascension.org/specialty-care/behavioral-mental-health	8401 Harcourt Rd. Indianapolis, IN 46260
Tara Treatment Center	Telephone: 800-397-9978 - 24/7 Assistance https://www.taratreatmentcenter.org/	6231 S. U.S. 31 Franklin, IN 46131
Truth Treatment Center	For providers: Admission Specialist is Lacy Henegar, Opps Director Direct Line: 317-767-5341 Telephone: 317-960-4759 TRUTH Intake Form.pdf https://www.truthcenters.com/	7150 Madison Ave. Indianapolis, IN 46227
Valle Vista Hospital	Telephone: 317-792-8348 https://vallevistahospital.com/treatment-services/adults/substance-use/	898 East Main Street Greenwood, IN 46143

Addiction Outpatient Resources

Addiction Outpatient Services provide part-time programs ranging from less than 9 hours a week to more than 20 hours a week. These programs allow the person to live at home and continue work or school. Please contact each facility directly for verification and additional info not listed.

Facility	Contact Information	Areas Served/Address
Aspire Indiana Behavioral Health Systems	Telephone: 877-574-1254 Crisis Line: 800-560-4038 https://www.aspireindiana.org/	Indy north side: Boone, Madison & Hamilton Counties
Centerstone of Indiana	Telephone: 800-344-8802 Crisis Line: 800-832-5442 https://centerstone.org/locations/indiana/	South central Indiana
Cummins Mental Health Centers, Inc.	Telephone: 888-714-1927 Ext 1500 Crisis Line: 888-714-1927 Ext 1501 https://www.cumminsbhs.org/locations/	Indy west side: Boone Hendricks, Montgomery & Vigo counties
Drug Free Marion County	Telephone: 317-254-2815 https://www.drugfreemc.org/how-we-help	Treatment Provider Directory
Fairbanks Addiction Treatment Center	Telephone: 800-225-4673 24hrs a day Admission Hours: Mon.-Fri. 8 a.m. to 9 p.m. Sat/Sun. 8 a.m. to 5 p.m. https://www.ecommunity.com/locations/community-fairbanks-recovery-center	8102 Clearvista Parkway Indianapolis, IN 46256
Franciscan St. Francis Behavioral Health	Telephone: 317-783-8383 https://www.franciscanhealth.org/conditions-and-services/behavioral-and-mental-health/addiction-and-substance-abuse-treatment	65230 East Stop 11 Road Suite 350 Indianapolis, IN 46237
Indianapolis Comprehensive Treatment Center	Telephone: 844-331-4067 https://www.ctcprograms.com/location/indianapolis-comprehensive-treatment-center	2626 E. 46 th St. Suite J Indianapolis, IN 46205
IU Health Methodist Hospital	Telephone: 317-962-8334 Emergency Department: 317-962-8355 https://iuhealth.org/find-medical-services/addiction-treatment	1730 N Capitol Ave. Suite C3 Indianapolis, IN 46202

Find a Local Service Provider:

Click here to find a listing of Community Mental Health Centers' locations that offer outpatient mental health services. The locations are listed by county. An asterisk indicates the designated CMHC for that county.

Click here to find an addiction treatment services in your area.

Find help for Severe Mental Illness by County.

SSI/SSDI attorneys

Indianapolis

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434 E. New York Street
Indianapolis, IN 46202-3602
317-634-8565

Victor Kiplinger; David Margerum
Margerum & Kiplinger
302 N. East Street
Indianapolis, IN 46202-3611
317-635-1050

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Lee, Burns & Cossell, L.L.P.
127 East Michigan St.
Indianapolis, IN 46204
317-631-5151

Monica McCoy
135 N. Pennsylvania St., Ste. 1150
Indianapolis, IN 46204-2486
317-231-1100

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Timothy L. Buckley
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317-636-1200

Tom S. Ebbinghouse
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Michele M. Hampton
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Francis E Tucher
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Indianapolis, IN 46201
317-353-1658

Stuart Bench
5202 Madison Avenue
Indianapolis, IN 46227
317-782-8782

J. Frank Hanley, II
4249 Lafayette Road Indianapolis,
IN 46254
317-290-1800

Phillip V. Price
4249 Lafayette Road Indianapolis,
IN 46254
317-290-1800

Thomas Steinke
7505 North Michigan Road
Indianapolis, IN 46228
317-347-1560

Vernon Petri
2124 E. Hanna Ave. Indianapolis,
IN 46227
317-780-6610

Terre Haute

Fleschner, Stark, Tanoos &
Newlin 201 Ohio Street
Terre Haute, Indiana 47807 (812)
232-2000

Congressman Carson's Office (DD214/
Service Connection/SSDI Assistance)

Contact Info:

Heather Harvey
Veterans caseworker | Service Academy
Nominations
Office of Congressman André Carson
300 E Fall Creek Pkwy N Dr, Suite 300
Indianapolis, IN 46205
317-283-6516 (p)
317-283-6567 (f)

Email: Heather.Harvey@mail.house.gov
with veteran's information and to obtain
release of consent form.

Social Security Case work-
Andrea.Scott@mail.house.gov (Email
Heather first for approval)

Low-Cost Dental Clinics in the Indianapolis area

Here is a compiled list of organizations in the Indianapolis area that provide low-cost dental care. Please contact them directly for additional information about their services.

Clinics	Contact Information	Info/Address
Fountain Square Dental Clinic	Telephone: 317-635-3737 Address: 1122 Shelby Street Indianapolis, IN 46203	Offers reduced fees based on what patients can afford. Payment is due at the time of service.
Gennesaret Free Clinics	Telephone: 317-955-2017 Address: Blue Triangle Residence Hall 725 N. Pennsylvania Street Indianapolis, IN 46202 https://www.gennesaret.org/dental/	Gennesaret Free Clinics' dental clinic serves Marion County residents without dental insurance whose income is less than 150 percent of the federal poverty level. Must be enrolled in or eligible for HIP/ HIP Plus/ Medicare -OR- have a fax referral from a homeless shelter or another partner agency stating need. By appointment only.
HealthNet: -Barrington Health & Dental Center (1) -Peoples Health & Dental Center (2) -Southeast Health & Dental Center (3) -Southwest Health & Dental Center (4)	Appointments: 317-957-2450 Address: (1) 3401 E. Raymond Street (2) 2340 E. 10 th Street (3) 901 Shelby Street (4) 1522 W. Morris Street https://www.indyhealthnet.org/Dental	HealthNet provides dental care for patients of all ages at several locations listed. Patients may qualify for reduced fees based on income. Offers a wide range of services: X-rays, cleanings, checkups, diagnose and treat gum pain and toothaches, fillings, crowns, extractions, etc.
Jane Pauley Community Dental Centers	Telephone: 844-695-7242 Address: 5317 E. 16 th Street Indianapolis, IN 46218 (Located behind Community Hospital East) https://janepauleychc.org/location/16th-street-dental-clinic/	The Jane Pauley Community Dental Centers provide affordable dental care for adults and children. They accept Medicaid & HIP.

Marion County Health Department Dental Clinics (Main Location: 3838 N. Rural Street Indianapolis, IN 46205)	Telephone: 317-221-2000 List of Locations/Business Hours: https://marionhealth.org/programs/population-health/dental-health/	The Marion County Health Department provides general dentistry services to underserved children and adults with a primary focus on children and pregnant women at eight locations throughout Marion County.
Raphael Health Center	Telephone: 319-926-1507 Address: 401 E. 34 th Street Indianapolis, IN 46205 https://raphaelhc.org/dental/	Provides general dentistry services for adults and children on a sliding fee scale and never turns anyone away for inability to pay.

Other resources for finding low-cost dental care:

- Indiana Family Helpline (800) 382-9480
- Indiana Dental Association (800) 562-5646
- Helping Heroes of America (services for military veterans) (844) 585-8184
- Trinity Free Clinic (Hamilton County Only**)

Low-Cost Vision/Hearing Care in the Indianapolis Area

Here is a compiled list of organizations and programs that offer free or low-cost eye care. Please contact them directly for additional information about their services. Many programs have specific requirements.

These people and organizations may be able to connect you to low-cost eye care:

- **Your regular doctor.** Your doctor may be able to refer you to low-cost eye care.
- **Your eye doctor.** If you already have an eye doctor and you need help paying for your care or treatment, ask them if there are any programs you may qualify for that can help.
- **Community health centers.** Some community health centers have an eye clinic and offer free or low-cost care. Use this tool to find a community health center near you.

- **Local colleges or universities.** If there is a college or university near you that has an optometry or ophthalmology program, ask if they offer low-cost eye care.

Clinics	Contact Information	Info/Address
HealthNet (Southeast Health Dental Center)	Telephone: 317-957-2200 Address: 901 Shelby Street Indianapolis, IN 46203 https://www.indyhealthnet.org/locations/southeast-health-dental-center	Offers vision services including testing, treatment, and eyeglass prescriptions. HealthNet accepts Hoosier Healthwise (Medicaid) and financial screening and payment assistance.
Heartland Vision	Telephone: 317-241-2019 Address: 2320 S. Tibbs Ave. Indianapolis, IN 46241	Offers eye care whether you have vision insurance or not. If you do not have insurance, they offer affordable prices and flexible payment plans.
VA Eye Clinic <u>*For eligible veterans enrolled in VA Healthcare*</u>	Telephone: 317-988-2563	Veterans can call that directly to engage in eye clinic services—No consult required from primary care.
Whisper Hearing Centers Indy South	Telephone: 317-215-6181 Address: 5255 E. Stop 11 Rd. Ste 450 Indianapolis, IN 46237	Fill out a request for a hearing check on their website or call. https://www.healthyhearing.com/hearing-aids/29988-whisper-hearing-centers-indy-south

New Eyes Program: A voucher program for clients to get free eyeglasses. General eligibility is the client must be in the financial need (at or below 250% of federal poverty level) and have a prescription from a recent eye exam within the past 12 months. Basic information on the client's income and expenses. <https://new-eyes.org/onlineapp>

Community Action of Greater Indianapolis (CAGI'S) PRESCRIPTION ASSISTANCE PROGRAM

How will it help participants?

Allowing the patient to receive their medications without having to pick between purchasing their medicines or their mortgage, rent payment, utilities, or even food.

Who is it for?

Anyone who pays \$10 or more per month for their prescribed medication(s).

How does it work?

CAGI has access to Prescription Assistance Programs offered by all nationally pharmaceutical manufacturers. You are invited to fill out an application for your prescribed medications to be given freely or at a very low price.

After the application is submitted to CAGI, Wonda Smith will communicate to you if the pharmaceutical manufacturer has an assistance program for your medication and has accepted your application.

- 1.) Fill out the form. The application form will be on the CAGI website, or CAGI will have printed application forms at the CAGI office located at 3266 N. Meridian St. Indianapolis, IN 46208.
- 2.) Submit the form to CAGI.
- 3.) CAGI will contact you back with any questions, notice of approval, or notice of unapproved from the pharmaceutical manufacturers
- 4.) If approved, a signature page is needed to be signed by the participating patient.
- 5.) A copy of the written prescription is needed.
- 6.) If approved, **the medication will either be shipped to your home, pharmacy, clinic, or hospital. Never will your medications be shipped to CAGI.**

Where will I get my medication?

If approved, the medication will either be shipped to your home, pharmacy, clinic, or hospital. Never will your medications be shipped to CAGI.

What is the process to apply and timeline?

On the CAGI website is a form to apply for the Prescription Assistance Program to receive your prescribed medications freely or at very low cost from the pharmaceutical

Who do I contact for more information?

Wonda Smith at 317-396-1800 wsmith@cagi-in.org

How do I apply?

The fastest way to get approved is to fill out the online application form below. If you are unable to do this you can call Aurora at 317-457-0594, if there is no answer leave a message with your contact info and she will call you back.

<https://www.cagi-in.org/cagis-prescription-assistance-programs/>



Companion Animal Adoption Program (2021)

How Vets Adopt Pets works.

- ★ To thank Veterans & Active Duty for your service to us all we want to pay the adoption fee at your local county animal shelter when you adopt a new pet. It is an honor to thank you in this manner and do so because we believe the pet will bring much love, fun and companionship into your life for years to come. So if you can allow yourself to be thanked in this manner, please 'take' it.... it is given with sincerity. Vets Adopt Pets is funded by everyday Americans across the country that thank you for your service with their donations. We provide 1 pet per Veteran/ActiveDuty.
- ★ Once you are signed up with VetsAdopt Pets, we will attempt to work with your local county shelter to handle the financials of the adoption fee and to see if they will let you take the pet home while we take care of their fee. In some cases, you will need to pay the adoption fee then send us the paid receipt and we will reimburse you. Please note in certain parts of the country there are no county pet shelters and the subcontracting rescue fees are too high for us to cover. OR if you just want to pay the fee and avoid the delay of my involvement, send a copy of your receipt for reimbursement.
- ★ **You must be signed up with Vets Adopt Pets before adopting unless you adopted during our Covid shutdown.**
- ★ Please allow up to 2 weeks for us to respond back to you.

Signing up with Vets Adopt Pets. All you need to do is send in:

- ★ A copy of your most recent DD214 showing you served honorably minimum of 1 year or medical discharge due to combat. Or Military ID/Orders
- ★ A copy of your drivers license.
- ★ The signed signature page below.
- ★ The name/contact info of your local county shelter. Please include name, website, email & phone.
- ★ If you are Active Duty, please indicate your pet-plan if you are deployed or move. We have foster referrals if you need them.
- ★ You can blank out identifying numbers such as social security numbers if you wish.

★ Vets Adopt Pets Program Understanding

- I will inform Vets Adopt Pets **immediately** when the shelter releases the pet into my care.
- I understand it is my responsibility to provide and I will provide for all medical care, training, food & supplies for the pet I choose to adopt.
- I understand there may be health issues with any dog/cat I adopt. (ASK MANY QUESTIONS)
- I agree to attend obedience training classes for adopted dogs. (*Many shelters/rescues provide training classes at a low cost. Some provide 1 months medical insurance, it is highly suggested you purchase medical insurance)
- I declare I am adopting this pet for personal companionship.
- I understand it is not a trained service dog, nor is it intended to be a trained service dog.
- I will not train this animal to be an attack animal.
- I give Vets Adopt Pets consent to share my personal information with local shelter staff, and Vets Adopt Pets staff. *Vets Adopt Pets.org does not release the last names of program participants to entities outside the realm of the pet shelter adoption.
- I understand that I must qualify to adopt by the shelter.
- Under no circumstance will I hold Vets Adopt Pets liable for any problem the pet creates.
- By my signature and return of this form, I verify that I read and agree to the terms listed above.

PLEASE PRINT YOUR CONTACT INFO VERY CLEARLY and kind of big.

Name : _____

Address : _____

City/State/Zip : _____

Phone : _____

Email : _____

ADDITIONAL –

Vets Adopt Pets would love to have a picture of you and the pet you adopt to put on the websites and Facebook for the purpose of showing our supporters that you, a Veteran or Active Duty Person, participated in our program and their donations were used to pay the adoption fee. In addition, your signature authorizes us to use your photo in various public relations venues, including but not limited to: annual calendar, post & greeting cards, news articles and participate in other forms of Public Relations. It is NOT mandatory to agree to provide a picture of yourself for participation in the Vets Adopt Pets adoption program. If you agree:

- Vets Adopt Pets will post your first name only.
- If preferred, we will post only a picture of your new pet as some people are camera shy.
- If you have children, Vets Adopt Pets **will not post a picture of your children faces**. You protected us and ours, this is our way of protecting yours.

Signature_____

Date_____

After signing this agreement: Email to - vetsadoptpets@gmail.com or
Phone 415-424-2334 Revised 2021

Indy Pet Resource Information

LOW-COST SPAY/NEUTER SERVICES

Be a responsible pet owner. Pets should be spayed or neutered to improve their health and behavior and prevent overpopulation.

[FACE Low-Cost Animal Clinic](#)

1505 Massachusetts Avenue, Indianapolis, IN 46201

(317) 638-3223

Low-cost spaying and neutering for dogs and cats. Special programs for community cats.

[IndyHumane Downtown](#)

456 N. Holmes Avenue, Indianapolis, IN 46222

(317) 602-3423

Low-cost spaying and neutering for dogs and cats. No income requirements, but additional discounts for households receiving public assistance. Special programs for community cats.

[Low-Cost Spay Neuter Clinic – Brownsburg](#)

409 N. Green Street, Brownsburg, IN 46112

(317) 852-0537

Low-cost spaying and neutering for dogs and cats. Special programs for community cats. No income requirements.

[Low-Cost Spay Neuter Clinic – Noblesville](#)

1721A Pleasant Street, Noblesville, IN 46060

(317) 706-0537

Low-cost spaying and neutering for dogs and cats. Special programs for community cats. No income requirements.

[Spay-Neuter Services of Indiana \(SNSI\)](#)

1100 W. 42 Street, Suite 205, Indianapolis, IN 46205

(317) 767-7771

Provides financial assistance for spaying and neutering at participating veterinary clinics throughout Indiana. Available year-round to pet owners who meet income requirements; in February and October, the program is open to all pet owners, regardless of income.

COMMUNITY CAT RESOURCES

Help reduce the stray and feral cat overpopulation. If you are feeding stray or feral cats in Indianapolis, you are required by the city's TNR ordinance to spay/neuter, vaccinate, and ear-tip for identification all the cats in your colony (group).

FACE Community Cat Program

1505 Massachusetts Avenue, Indianapolis, IN 46201

(317) 638-3223

Offers community cat package for caretakers and Trap-Neuter-Return (TNR) assistance.

IndyHumane Downtown

456 N. Holmes Avenue, Indianapolis, IN 46222

(317) 602-3423

Offers Trap-Neuter-Return assistance for caretakers of community cats.

Cat Care Clinic

9512 Haver Way, Indianapolis, IN 46240

(317) 844-2287

Offers community cat package for caretakers.

Low-Cost Spay Neuter Clinic – Brownsburg

409 N. Green Street, Brownsburg, IN 46112

(317) 852-0537

Low-cost spaying and neutering for dogs and cats. Special programs for community cats. No income requirements.

Low-Cost Spay Neuter Clinic – Noblesville

1721A Pleasant Street, Noblesville, IN 46060

(317) 706-0537

Low-cost spaying and neutering for dogs and cats. Special programs for community cats. No income requirement

LOW-COST VETERINARY SERVICES

FACE Low-Cost Animal Clinic

1505 Massachusetts Avenue, Indianapolis, IN 46201

(317) 638-3223

Offers vaccines, minor wellness care, and routine preventive care.

West Michigan Street Veterinary Clinic

3811 W Michigan Street, Indianapolis, IN 46222

(317) 757-5077

Full-service animal hospital, accepts walk-ins.

Noah's All Pet Health Care

3825 W Washington Street, Indianapolis, IN 46241

(317) 481-1738

Full-service animal hospital, appointment only.

EMERGENCY VETERINARY SERVICE

Like emergency room care for humans, emergency vet care is more expensive than standard vet care. First, call around to see if a regular veterinary clinic can work you in for an emergency visit. If not, or if it is after-hours, emergency care may be necessary.

Airport Animal Emergi-Center

5235 W. Washington Street, Indianapolis, IN 46241

(317) 248-0832

Special night, weekend, and holiday hours

IndyVet

5425 Victory Drive, Indianapolis, IN 46203

(317) 782-4484

Daily 24 hours

VCA Advanced Veterinary Care Center

7712 Cross Point Commons, Fishers, IN 46038

(317) 578-4100

Daily 24 hours

Veterinary Specialty and Emergency Care South

4625 East Stop 11 Road, Indianapolis, IN 46237

(317) 534-6000

Daily 24 hours

Noah's Animal Hospital

5510 Millersville Road, Indianapolis, IN 46226

(317) 244-7738

Daily 24 hours

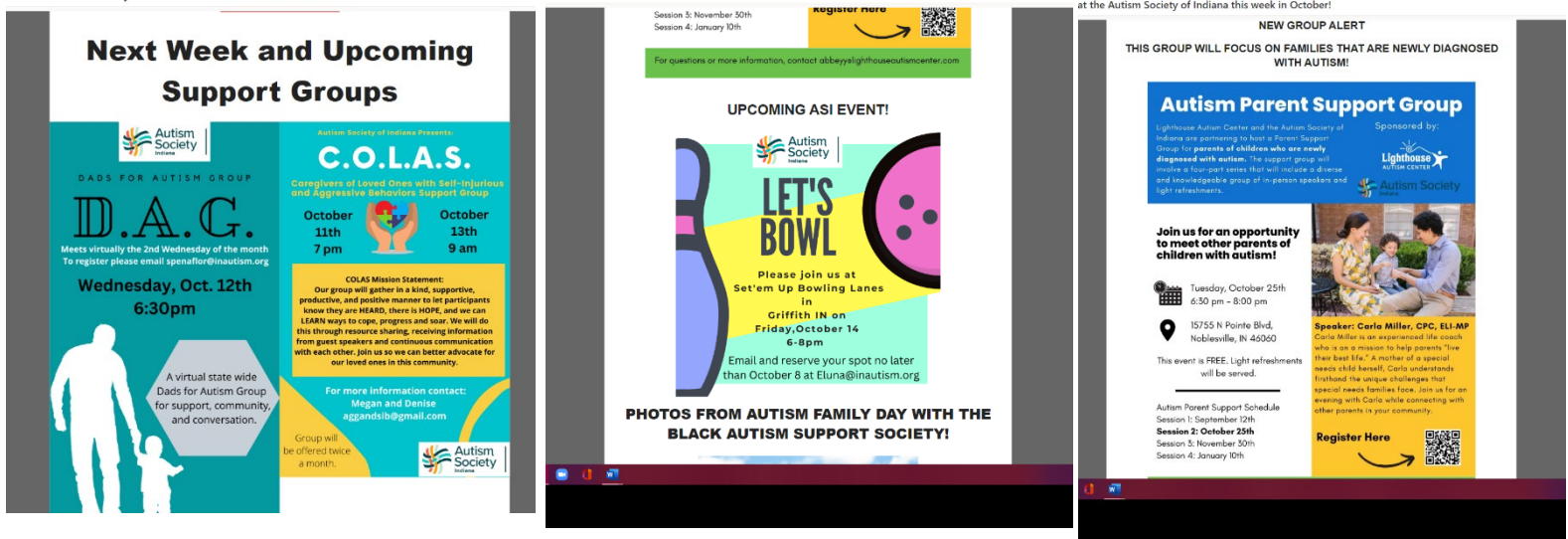
If you find a sick or injured animal requiring medical assistance, and you are unable to provide help for the animal yourself, please contact [Indianapolis Animal Care Services](#), 2600 S. Harding St, 46221.

If you live in Indianapolis, please call the Mayor's Action Center at (317) 327-4622, 7:30 a.m. – 5:30 p.m., Monday through Friday for service requests or information. You may also visit <http://maps.indy.gov/RequestIndy> to make a report online.

For after hour emergencies including sick/injured animals, dangerous and aggressive animals, and animal attacks in progress, please call (317) 327-3811.

To report nuisance wildlife please call the Indiana Department of Natural Resources at (317) 232-4010.

ASD Support Groups



1. <https://www.iidc.indiana.edu/irca/articles/parent-groups.html>
2. <https://www.autismsocietyofindiana.org/programs/support-groups/>
3. <https://www.thehopelink.org/support-groups-for-families>
4. <https://www.indianaautismalliance.org/>
5. https://www.facebook.com/somewhereonthespectrum?_ga=2.45928288.574957131.1664985651-1749472528.1664395103
6. <https://www.mynoblelife.org/services/family-supports-resources/resources/>
7. <https://lighthouseautismcenter.com/blog/autism-support-groups/>
- 8.

Autism Family Resource Center Contact (Easterseals Crossroads)

Jaylen Weir Resource Specialist (Autism & Behavior Services)

Located at 4740 Kingsway Drive Indianapolis, IN 46205

Email: JWeir@eastersealscrossroads.org Phone : 317.466.1000 x2488

Eastersealscrossroads.org

Regarding anthem Medicaid, you can reach out to Carmen Lowery-Coleman, clowery@eastersealscrossroads.org 317-466-2001 x2542 will help families enroll in school and find resources for ADS family pediatricians in the area. If the children are on the Medicaid Waiver, they need to obtain services through their Waiver Case Manager. Waiver Sheet attached below.

FACT SHEET

About the Family Supports Waiver



Division of Disability and Rehabilitative Services
Bureau of Developmental Disabilities Services

The Medicaid Home- and Community-Based Services Waiver program provides person-centered individualized supports that assist children and adults with intellectual and developmental disabilities to live successfully in their home and community. The Family Supports Waiver is one of two of the Indiana Medicaid Home- and Community-Based Services administered by the Bureau of Developmental Disabilities Services.

Am I eligible?

To qualify for the Family Support Waiver, a you must have been diagnosed with an intellectual disability, developmental disability or related condition with an onset prior to the age of 22 years and the condition must be expected to continue indefinitely.

Additionally, you must meet Level of Care. This means that the child or adult has substantial functional limitations in at least three of six major life areas: self-care, learning, self-direction, capacity for independent living, understanding and use of language, and mobility.

You must also meet the requirements of eligibility for a compatible Medicaid category.

If you are under the age of 18 years, household income eligibility requirements for Medicaid are not considered and only the income/assets of the child is taken into consideration. If the individual/family is requesting Medicaid coverage for the 90 days prior to the Medicaid application date, then household income eligibility requirements are taken into consideration.

If you are age 18 years and above, you must apply and be found eligible for benefits from the Social Security Administration.

What types of services does the Family Support Waiver provide?

The Family Support Waiver offers a range of services that are chosen based upon person-centered principles and are to be delivered in the home and community settings by an approved Medicaid provider. The current maximum budget is \$17,300 per person, per year. Current services include:

Adult Day Services	Facility-Based Support Services	Participant Assistance and Care	Remote Supports
Behavioral Support Services	Family and Caregiver Training	Personal Emergency Response System	Respite
Case Management	Intensive Behavioral Intervention	Physical Therapy	Specialized Medical Equipment and Supplies
Day Habilitation	Music Therapy	Psychological Therapy	Speech/Language Therapy
Environmental Modifications	Occupational Therapy	Prevocational Services	Transportation
Extended Services		Recreational Therapy	Workplace Assistance



FACT SHEET

About the Family Supports Waiver (cont.)



Division of Disability and Rehabilitative Services
Bureau of Developmental Disabilities Services

Is there a waitlist?

It is the policy of the Bureau of Developmental Disabilities Services that individuals may be placed on a single statewide waitlist after applying for waiver services and meeting Level of Care criteria. Individuals will be targeted in the order they applied for services, from the oldest date of application to the newest.

You and your guardians are responsible for ensuring that personal contact information is kept up to date with your local BDDS office. You and your family can review and update your contact information and waiver application dates by visiting the BDDS Waitlist Web Portal at www.in.gov/fssa/ddrs/4328.htm or by contacting your local BDDS district office.

What is Priority Criteria?

Priority criteria allows the following individuals to obtain the Family Support Waiver without being placed on the waitlist:

- Adults ages 18 through 24 who have aged out of, graduated from or have permanently separated from their school setting
- Dependents of military active duty members and veterans

How do I apply?

You or your guardian may apply for the Family Support Waiver by contacting your local Bureau of Developmental Disabilities Services office for an application packet. Applications can also be printed at www.in.gov/fssa/ddrs/3349.htm. Forms needed as part of the application are the Application for Developmental Disabilities Services (State Form 55068) and Confirmation of Diagnosis (State Form 54727). Applications may be submitted by mail, fax or in person to the local BDDS office. To find your local office, you may call **800-545-7763** or visit www.in.gov/fssa/ddrs/4088.htm. The Bureau of Developmental Disabilities Services staff are available to answer your questions.

The Division of Disability and Rehabilitation Services Bureau of Developmental Disabilities Services recognizes the challenges individuals and families face and value a person's right to live, love, work, play and pursue their dreams in their community.

Indiana Family & Social Services Administration
402 W. WASHINGTON STREET, ROOM W453
INDIANAPOLIS, INDIANA 46204-2739
www.fssa.IN.gov | www.in.gov/fssa/ddrs/2639.htm

The Indiana Family and Social Services Administration does not discriminate on the basis of race, color, creed, sex, age, disability, national origin or ancestry.
#5674



Eligibility:

Disability compensation is a monthly tax-free benefit paid to Veterans who are at least 10% disabled because of injuries or diseases that were incurred in or aggravated during active duty or active duty for training. A disability can apply to physical conditions, such as a chronic knee condition, as well as mental health conditions, such as post-traumatic stress disorder (PTSD). If you were on inactive duty for training, the disability must have resulted from injury, heart attack, or stroke. Your discharge from service must have been under other than dishonorable conditions.

How to Apply:

Veteran Service Officers (VSO) will help you write and submit your benefits claims to the VA. They will help you gather information that supports your claim. Once the claim is filed, they will help you track the claim through the system. They can also help file appeals for denied claims.

1. Schedule an appointment with a County VSO

Email: Veteran.Services@Indy.gov

Call: 317-327-8387 to leave a voice mail.

****Please include your name, telephone number, side of Marion County you live on (i.e. North, South, East, West), and a brief message.**

Greg Stevens

Email: gregory.stevens@indy.gov

Office: 317-327-8387

Community Office Hours: By

Appointment only on Fridays

from 2:00pm – 5:00pm

Location: American Legion Post

276, 327 Main St., Beech Grove,

IN 46107

Gordon Smith

Email: gordon.smith2@indy.gov

Cell: 317-503-8417

Community Office Hours:

By Appointment Only

****VSO Referral Form**

2. Or contact a VSO directly (Case Managers Only)

****If you live in Marion County, you can contact one of the Veteran Service Officers listed below:**

Kris A Bertrand – Glonski

Email: kris.bertrand-glonski@indy.gov

Cell: 463- 212-4548

Community Office Hours:

By Appointment only on 2nd & 4th Wednesday of every month from 1:00pm - 3:00pm

Location: American Legion Post 34, 2210 E.

54th Street, Indianapolis, IN 46220

Additional Community Office Hours:

On 1st & 3rd Thursday of every month from 9:30am - 3:30pm

Location: 777 N. Meridian Street, Indianapolis IN 46204

3. Schedule an appointment for compensation for conditions related to Military Sexual Trauma (MST) by contacting the Veteran's Benefits Administration (VBA) MST Coordinator

Kimberlyn Tutt

Email: Kimberlyn.tutt@va.gov

Phone: 317-916-3022 or 1-800-827-1000

Location: 575 N. Pennsylvania St., Indianapolis, IN 46204

****If you do not live in Marion County, you can locate your County Service Officer at the website below:**

<https://www.in.gov/dva/locate-your-cvso/>



TRANSPORTATION TOOLKIT

Statewide



❖ **For ALL Emergency Transportation – Call 911**

❖ **Non-Emergency Transportation – Call 211**
Indiana's Information and Referral Service

- Enter your 5-digit ZIP code
- Press 1 – Mental Health or Substance Use Disorder
- Press 9 – Rides to and from treatment through Lyft

FREE rides statewide. Cannot have Medicaid/HIP Plus or live within 2 city blocks from bus stop. Limited funding at end of the month.

The Indiana Recovery Network (IRN) is partnering with IN211, DMHA, and Lyft to offer free ride for individuals in recovery. Rides can be for anything that apply to the four dimensions of recovery: Health, Home Community and Purpose.

How to get a ride

- Rides are available Monday – Sunday 9AM – 8 PM EST
- Must be a participant with the Regional Recovery Hub in your region
- Complete eligibility Assessment with a peer staff member at the Hub
- Get your ride
- Visit our website to connect to a Hub in your region

<https://www.indianarecoverynetwork.org/regionalrecovery-hubs/>

Managed Care Coverage

Hoosier Care Connect / Hoosier Healthwise/ Healthy Indiana Plus Plans (HIP)

Make reservations 2 days in advance and have available:

- Member ID Number
- Date of Birth
- Address of pickup and drop off with ZIP code, phone number and appointment time

Be sure to check health plan coverage for ride limitations per calendar year, mileage reimbursement and bus passes. Only use if no other transportation option is available.

Call:

- **Anthem**(844) 772-6632
- **Care-Source**.....(844) 607-2829
- **Managed Health Services (MHS)**.....(800) 508-7230
- **MDWise**(800) 356-1204
- **Medicaid**.....(855) 325-7586
- **CHIP** - Call **911** *Benefits only cover emergency ride to hospital*

Local



CICOA/Way2Go (800)432 – 2422

<https://cicoa.org/services/transportation>

- Marion County residents 60+ years old and have completed an application are eligible
- My Freedom increases transportation options for individuals of any age with disabilities in central Indiana counties – Boone, Hamilton, Hendricks, Johnson, Madison, Marion, Morgan, and Shelby. Must fill out application to be eligible for this program.

Bus Lines – IndyGo and Red Line

<https://www.indygo.net>

Visit the website to assist with Routes, Fares Passes and reduced fare applications.

Applications are available for those who qualify in Marion County.

- Free for Veterans
- Half-price tickets for 18 and younger, 65 and older
- Half-price for the disabled - *MENTAL HEALTH & SUBSTANCE USE DISORDER QUALIFY *
- Visit the website to apply for medical approval
 - Fares and Passes
 - Half Fare
 - Fill out the application – choice of language English or Spanish
 - Half Fare Supplemental Application – must fill out both
 - Half Fare cards cost \$2. for 3 years

Listed below are short summaries about local Marion County/IN and statewide events, news, & health resources. Please contact each facility directly for verification of events and any additional info.

Need Health Insurance?

[IN.gov Health Navigators by County](#)

A certified navigator can assist you with the process to apply for your health insurance. You may work with a navigator in any county in Indiana.

[ASPIN Health Navigator](#)

Free help is available to all Hoosiers seeking to enroll in coverage through the Marketplace, HIP, or CHIP. ASPIN's team can help individuals and families understand their options, answer questions, determine if financial assistance is available and enroll in coverage.

[**Submit Appointment Request**](#)

Call 877-313-7215 or

Text ASPINNAV to 844-675-0617

[Medicare Open Enrollment Begins Oct. 1st/ Deadline to Apply Dec. 7, 2023](#)

Begin searching and shopping for your 2024 Medicare Advantage Coverage/Provider during these dates. People will then have between October 15 to the deadline of December 7, 2023, to lock in your choice of coverage for 2024.

Uninsured? Medical Care/ Low Cost-Free Clinics

Crescent Clinic located at 2846 Cold Spring Rd. 46222

Open every 3rd Saturday of the month from 10AM-2PM. Schedule an appt. online at www.hcfcorp.org Services provided: primary care, diagnosis & treatment of illness, management of asthma, diabetes, HB, etc.

Near West Outreach Clinic/ Living Faith Church 2120 W. Washington St.

Open every Saturday 10AM-2PM arrive by 1:30PM. Services: Free health clinic with medical appts., health education, meds, Spanish translations. Call or text (317) 660-1093.

Respite Shelters

Gennesaret Health Recovery Program – Men 2401 Central Ave.

Provides a safe place for homeless men who have been discharged from the hospital and need recovery.

Indygo - 2, 19

(317) 920 - 1554

Gennesaret Health Recovery Program – Women 2048 Meridian Street

Provides a safe place for homeless women who have been discharged from the hospital and need recovery.

Indygo - 16

(317) 920 – 1554

Abbie Hunt Bryce Home - 4760 Pennwood Drive

Provides temporary living accommodations for homeless persons recovering from surgery.

Indygo - 19

(317) 860 - 0484

Firefly Children & Family Alliance – 1575 Dr. Martin Luther King Jr. Street

The children's shelter offers planned respite services for families who are experiencing short-term crises, such as medical or mental health crisis.

317-634-5050

SUD

[Substance Use Treatment Locator](#)

A list of treatment facilities above that are available.

Need a Lyft?

Dial 1-866-211-9966. To overcome barriers related to transportation, FSSA and IN211 are excited to announce our partnership with Lyft. Lyft is a public rideshare platform that allows IN211 to request rides through a live-online network. IN211 can provide free, on-demand rides to individuals enrolled in substance use treatment and certified recovery programs across the State of Indiana. There's a brief eligibility assessment required, simply dial 1-866-211-9966 and you are on your way. Currently, IN211 is unable to provide transportation to Medicaid insured patients.

[211 Community Navigator](#)

[CHOICE: Pregnancy and Substance Use Disorder Program](#)

Community Hospital East is proud to offer the CHOICE (Change, Hope, Overcome, Inspire, Compassion, Educate) program to pregnant women struggling with SUD.

This program is designed to help each patient get into a treatment program that works for her and to support her on the path to recovery.

Nutrition

[Fresh Bucks](#)

Fresh Bucks is a nutrition incentive program that provides the opportunity for individuals and families who utilize the SNAP, recognized as Hoosier Works/EBT in Indiana, to purchase more fruits & vegetables from local farmers at participating Farmers Markets in Marion County.

- ❖ [Find a Food Bank or Pantry](#) | Hunger and Health

If you need help finding food, visit the [Feeding America website](#) for more information.

- ❖ [Summer Food Service Program](#)

The Summer Food Service Program (SFSP) is a federally funded, state-administered program. SFSP reimburses approved program operators who serve free healthy meals and snacks to children and teens in low-income areas when school is not in session. Call: **317-232-6610**

Affordable Rides to Grocery Stores Offered by Lyft / \$2 Round Trip

Lyft is offering up to 8 rides for \$1 to or from the grocery store each month for Marion County residents receiving SNAP benefits. For additional information, please visit the following link: <https://www.lyft.com/blog/posts/lyft-launches-2022-lyftup-voting-access-program>.

Upcoming Community News, Activities, & Events

Indianapolis Public Library Community Resource Fair / Main Branch / Wednesday, October 4 from 12-5pm. [Learn more](#)

Learn about the services and programs provided by many local community resource organizations. Resource providers will include Substance Abuse, Mental Health, Medical Screenings, Homeless Resources, Employment, and Teen/Youth Agencies.

Center Township Trustee's Office / 863 Massachusetts Ave. / Payee Representative Program / Mon.-Fri: 7:30am to 4:30pm

The township can provide assistance through a payee representative for applicants eligible to receive SSI but are unable to manage their income.

Star for a Star / Dental Screenings / 5330 W. Washington Street / Mon.-Fri

Provides free dental screenings three (3) times each year for Marion County persons without dental insurance. Patients may also receive one free service such as basic cleaning, filling, or extraction. Indygo Bus - 8 (westbound) (317) 243-1111

Indianapolis Eye Care Center Comm. Outreach/ 501 Indiana Ave. Ste 100

Provides patients with no insurance with free exam and eyeglasses. Mon. – Fri: 9am-4:40pm / Indygo Bus – Downtown Location 317-321-1407.

Homeless & Reentry Helpers (FREE HAIRCUTS)

Located at 918 E. Michigan Street. The 2nd Tuesday of each month from 11am-3pm. Indygo Bus- 3(eastbound) 317-635-0500

FREE Community Health Network Grief and Loss Supportive Services

Intouch Bereavement offers FREE support to adults grieving the death of a loved one, through individual, group, specialty events, and more. Facilitated grief support groups can provide a safe space to share common experiences and feelings with others in the grieving process. For more information or bereavement support: Call 317-621-4646 or via e-mail at InTouch@eCommunity.com.

Veterans, Get Your FREE IndyGo Bus Passes

With an IndyGo Veterans Pass, Veterans can ride free on IndyGo's fixed route service 365 days a year. Half-fare for people age 65+ with Medicare Card. Learn more here: www.indygo.net/fares-and-passes/

Ways in Which to File Complaints on Nursing Homes

The State of Indiana has a Department that handles inquiries on how to and file complaints/report incidents involving Nursing Homes and treatment of their patients: Office of the Long-Term Care Ombudsman, 402 West Washington Street, Room W45, Post Office Box 7083, MS 27, Indianapolis, Indiana 46207-7083. Information/complaint line: 800.622.4484 or 317.232.7134. Fax number: 317.972.3285. Email: LongTermCareOmbudsman@ombudsman.IN.gov

Avondale Meadows YMCA Membership Opportunities / Join today!

Located at 3908 Meadows Drive, they offer income-based scholarships available for membership and programs. Members also can receive up to 2 hours of FREE childcare while they work out and all Veteran's receive a 20% discount. Questions, call Patricia Officer/Avondale Meadows YMCA Membership Director at 317.549.9622

Military & Veterans - Discounts

Veterans Guide – Our mission is to assist veterans with the array of issues they may face, including obtaining proper disability compensation, financial assistance, information on the GI bill, and more.

Ex Offenders: Just getting out of jail or prison? PACE can help, 2855 N. Keystone Ave. 317-612-6800

Help When Receiving Scam Calls, Fake Emails, Etc.

Visit www.ftc.gov for more info or to report an occurrence, go to reportfraud.ftc.gov.

Need a COVID-19 test? Get four free at-home tests beginning Sept. 25th

<https://www.covid.gov/tests> Need help placing an order for your at-home tests?
Call 1-800-232-0233

General Health Education

MedlinePlus

This website is an online health information resource for patients and their families which includes health topics, medical tests, healthy recipes, and more.

Healthfinder

This federal government website provides information and tools to help consumers and those they care about stay healthy.

Indiana Family Social Services Administration

Find a complete list of offices and contact information.

HANDBOOK OF HELP

CHIP's RESOURCE GUIDE FOR INDIVIDUALS FACING HOMELESSNESS IN INDIANAPOLIS, INCLUDING WHERE TO GO & HOW TO GET HELP.

Other Local Programs

-CICOA <https://cicoa.org/> (800) 432-2422

-COMMUNITY COMPASS (Food Banks)

<https://www.indyhunger.org/compass/>

-For Traffic Infractions ProjectVaid@indy.gov
317-987-5288 (Marion County only)